

# SCHOOL NEWSLETTER



## HEADTEACHER'S MESSAGE

*Dear Parents and Carers,*

### Sporting Success with LFC



We'd like to start our final newsletter of the half term with a huge congratulations to our Girls Football Team for their success at the Merseyside Championships last week. Our students represented LFC against Tranmere, Everton and Marine FC at their football ground in Crosby. They scored a total of 9 goals across the tournament and were delighted to be crowned the champions.

The results were:

1-0 win v Tranmere  
3-0 win v Everton  
5-0 win v Marine FC

A huge well done to our goal scorers:

- Lillie D - 4 goals
- Kitty F - 4 goals
- Daisy D - 1 goal

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MRS COSTELLO

ACTING  
HEADTEACHER

FRI 27TH OCT  
2023



“Miss Sheard was delighted with how well the girls played as a team and the compliment they received from David Fairclough saying: **"The girls are incredible and deserved to win"**”



The students were very proud to bring their trophy into school on Monday and place them within our display cabinets. **Congratulations to all!!**

## Promoting Positive Body Image

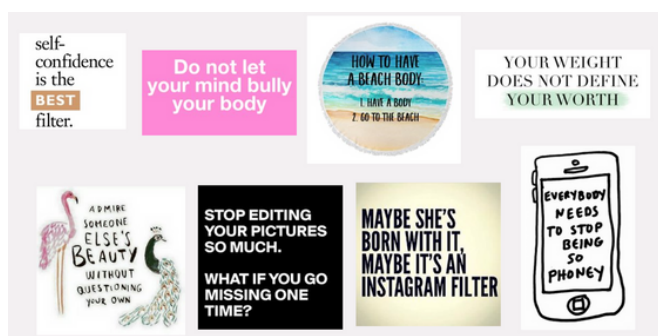
Each week, our Student Council have been developing resources to share with our whole school body in support of various causes, topics and events that they are passionate about. This week, their focus was on Body Image and Acceptance. A student council researched why this topic is important, particularly to their peer group, and shared resources with our students to support positive body messages.

This was shared with all students during collective worship in form time this week. We'd like to thank each student for their time and hard work spent developing these valuable and insightful resources to share amongst our school community.

47% of girls aged 11 to 14 opt out of everyday activities such as swimming and speaking up in class because they don't like how they look.<sup>5</sup>

Half of students (52%) aged 11 to 16 often worry about the way they look.<sup>3</sup>

40% of boys aged 11–16 said that they had used, or would consider using, protein shakes or supplements to change the way they look.<sup>8</sup>



### Try to...

- Accept. Like. Take Care
- Be a friend to yourself
- Celebrate the fact that everyone is different
- Be thankful for what your body can do
- Look at media with a critical eye

### Try not to...

- Take part in 'body talk' (being negative about your own or other's appearance)
- Imply that someone's appearance is the most important thing about them
- Discuss unflattering photos of celebrities
- Talk about 'junk food' or 'bad' vs 'good' foods; instead talk about eating the right amount of different types of foods.

We look forward to our Student council continuing their awareness campaigns in the next Half Term!



## Student Rewards


It was my pleasure to host an afternoon 'treat' for students with the highest number of positive points in each year group today as a reward for their excellent behaviour this half term. Miss Serrells invited the two students in each year group with the highest number of positive points to join me during PHSE where we enjoyed We enjoyed treats including hot chocolate and goodies as a reward.



We would like to thank each student for their efforts and commitment to maintaining our high expectations! We look forward to more rewards next term!

## Behaviour Focus - Maintaining High Standards


We will be continuing to focus on maintaining our high standards of behaviour in the new Half Term. Parents and Carers are reminded to ensure our uniform guidance and expectations are upheld. Students are expected to attend in full school uniform. Outdoor coats are not permitted to be worn inside the school building and shoes must be plain black, patent or polishable. Trainers are not acceptable including brands such as OnCloud or Nike. **You can view our full uniform guidance on [our website](#), including our PE Kit requirements.**

**REMEMBER!**  
OUR BEHAVIOUR EXPECTATIONS

**Mobile phones are not to be seen or heard in the college grounds during the college day**  
If a member of staff sees or hears a mobile phone it will be confiscated and kept until the end of the school day. If a mobile phone is confiscated more than twice a parent/carer will have to come to school to collect it. Students should not wear Bluetooth earphones in school these may be confiscated by staff

**Keep your phone switched off and out of sight (in a bag or blazer!)**

**WHY?**  
Mobile phones have been proven to have a negative impact on student progress and attainment  
Mobile phones are associated with poor mental health  
Mobile phones can be used for anti social purposes Online bullying, harassment, etc.



We would also like to remind students and parents that we operate a **zero tolerance policy on mobile phones**. Mobile phones **should not be used inside the school building** and will be confiscated if seen and held at student services until the end of the school day. Please be aware if students refuse to stop using their mobile phones, parents will be contacted and persistent sanctions against mobile phone use will result in suspension.

We would like to **thank all parents for your continued support from home to ensure we maintain these standards.**

We would also like to thank all Parents and Students who completed our online behaviour survey last week. The results are really valuable to ensure we are working together to create a school environment that allows all students to feel safe, happy and able to thrive. We look forward to implementing some new reward schemes over the next half term and reintroducing our **courtesy stars of the week**! Watch this space!!

## Bonfire Night Celebrations

This is our final opportunity before we finish for half term to share some helpful materials to support your conversations with your child on the well-publicised dangers of fireworks so that every member of the Notre Dame family enjoys a safe and enjoyable Guy Fawkes night celebration. For some helpful tips on how to stay safe during bonfire night, please see the Royal Society for the Prevention of Accidents' website at:

<https://www.rospa.com/home-safety/advice/fireworks-safety>

We have also shared information with students in Form Time assemblies this week on Halloween and Bonfire Night Safety, and a letter was shared via ParentApp this week to Parents from Merseyside Police. [You can view this here.](#)



Halloween	Bonfire night
<ul style="list-style-type: none"><li>• If you do decide to go trick or treating, please respect the wishes of householders who do not wish to take part</li><li>• Stay together as a group &amp; tell your parent/guardian where you are going</li><li>• Stay in well-lit areas</li><li>• Look out for 'no callers please' posters and respect your neighbours</li><li>• Respect people's choice to open or not open the door</li><li>• Ensure that any 'tricks' do not damage people's property</li></ul> 	<ul style="list-style-type: none"><li>• Stand well back</li><li>• Never go back to a lit firework</li><li>• Never put fireworks in your pocket</li><li>• Never throw fireworks</li><li>• Light sparklers one at a time and always wear gloves</li><li>• Never give sparklers to a child under 5</li><li>• Keep pets indoors</li></ul> 

## Back to School Reminder

Finally, we would like to remind students and parents that we will be back to school on **Monday 6th November at the usual time of 8.45am.**

Please ensure students arrive within plenty of time to be in form, with full equipment and in full school uniform - ready to learn. We hope you all have an enjoyable break.



**WISHING EVERY NOTRE DAME FAMILY A PEACEFUL  
HALF TERM BREAK**

Yours faithfully  
**MRS COSTELLO**



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2023



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## Our 1804 Society and Head Student Team

Last week, we shared a list of our Year 12 students who were successful in joining our 1804 Society for the 2023-24 academic year. Our 1804 Society can be identified by students and staff by their blue shirts and blue trimmed cardigans, which arrived this week! They all looked very smart and we look forward to working with our student leadership team over the course of the year. Congratulations all.



**1804 Society**



Head Students: Rhiannon and Joe



Deputy Head Students Bonnie and Tracey





## Sixth Form Business Trip to Alton Towers



Students from year 12 and 13 visited Alton Towers theme park on Thursday 19th October in order to study the theme park as part of their **A level Business** course and as a **reward trip** for consistently achieving above **95% attendance**.

Students study how the park is organised, how it competes with its rivals and how it markets and promotes itself to a wide range of customers.

Everyone enjoyed the day and the warm, sunny weather!



## Year 7 and Year 8 Chaplaincy Lessons

This week, our School Chaplain Miss Wall completed a series of 'Chapel' lessons with our Year 7 students. The lessons were held in our school Chapel, which is placed at the centre of our school, and presented an opportunity for our students to learn more about it and its importance to our school community.



Students were also given the opportunity to recognise and understand the significance of key objects and items contained in our chapel. Students were asked to identify things that stood out to them and Miss Wall then explained the important part they play. All our students were extremely engaged in each lesson and asked some brilliant, insightful questions.



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## OPENING HEARTS

Miss Wall discussed items such as the tabernacle, which is a fixed, locked box in which the Eucharist (consecrated communion hosts) is stored as part of the "reserved sacrament" rite. Miss Wall also explained how the light directly opposite the tabernacle signifies that the Eucharist is present in there.

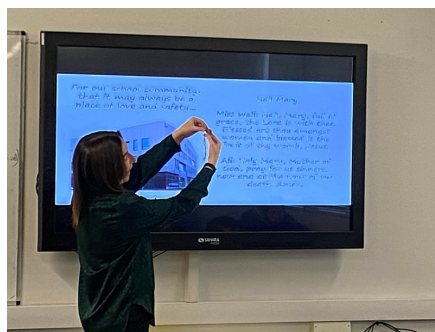
Following the lesson, students completed work sheets to test their new found knowledge of our school chapel!



Miss Wall, also supported lessons in Year 8 RE this week to remind students about the significance of the Blessed Virgin Mary and October as the month of the Rosary.

According to Catholic tradition, the rosary was instituted by the Blessed Virgin Mary herself. During our Year 8 workshop, Miss Wall explained this significance and how each bead of a rosary represents one prayer or one hail Mary. Students were tasked with creating their very own rosary which was then used at the end of the lesson to pray together and say 10 hail Marys. Miss Wall asked students to then gift their rosary to themselves or someone special to them.

Well done Year 8!





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## Year 11

Focus on **YOUR FUTURE**

After Half Term, we will be launching a competition for our Year 11 students for the most tasks completed on Tassomai! Not only will this support students learning but it will give them the opportunity to earn rewards such as a place at prom! Letters regarding Prom will also be sent home shortly with more details. Watch this space!

## Year 11 Save the Date for PROM

**Save the Date - Thursday 27th June** will be the Year 11 PROM! Further details will be shared in due course regarding venue and payment. Thank you.



## Exam Re-sits

We will be hosting GCSE Maths and English re sits when we return, between 7th - 13th November. We hope students find this half term a useful time for revision and we wish you the very best of luck!

Parents, please note that during examination periods, the school tannoy system is not permitted to be used. If your child has a prearranged appointment, please ensure they are aware before the start of the school day at what time they are expected to make their way to main reception. Thank you.

## NDCC Primary Newsletter

This half term, we have launched our very first 'Primary Newsletter' which celebrates the various activities we have been developing with our partner primary schools and other local schools within our community. It also contains useful admissions information for Parents applying for their child's place for September 2024. You can view our very first edition here:

[NDCC Primary Newsletter 2023 - Autumn Term 1](#)



## Autumn Term Food Vouchers

Food vouchers have now been sent to parents/carers of children who qualify for Free School Meals. **Please note, these vouchers are not specifically for Half Term and are for Autumn Term.** Vouchers have been sent to the lead contacts' email address for each qualifying student and will include a link to your voucher. They can not be re-issued. If you have not received an email, please contact the main school office from Monday 6th November 2023 to ensure we have the correct email address on record for you. Thank you.

## Message from Liverpool City Council: Half Term Eat 2 Meet

Please see the letter below regarding Liverpool City Council's Eat to Meet programme. This will be sent out to Parents / Carers on Parent App in the coming weeks.



Liverpool  
City Council

Date: 12<sup>th</sup> October 2023

Dear Parent or Guardian

The October Half Term Eat 2 Meet programme starts on the 30<sup>th</sup> October and there are lots of great activities happening over the school holidays. Children and young people, from reception to age 16 (including year 11 leavers), who are eligible for benefits related free school meals, will be able to access hundreds of activities throughout the half term holidays including specific provision available for children with SEND or additional needs, at no cost. There's a great range of activities across the city including Halloween themed activities such as pumpkin carving, apple bob, halloween crafts making spooky masks, boxing, football, music, dance, cycling, cooking, podcasting, basketball, arts and crafts, drama, zumba, trips out and much more! Every day there will be a range of fabulous meals available with many schemes holding family events as well.

To find out where the nearest scheme is click on this link [October Half Term 'Eat to Meet' – Merseyside Play Action Council \(merseyplay.com\)](https://www.merseysideplayactioncouncil.com) or go to <https://www.merseyplay.com> and click on the October Half Term Eat 2 Meet link.

When a parent/guardian/carer has chosen the activity/scheme they will need to contact that organisation to book a place. Each organisation will have either a telephone number, email address or online booking system. If the child has any additional needs or dietary requirements then please discuss this with the organisation when booking. There is no central booking system so please read the details of the programmes on the website and contact the providers directly.

- ☐ If you want to know how to register or how to check if your child is eligible for free school meals then please click on the link <https://www.gov.uk/apply-free-school-meals>
- ☐ You will need your national insurance number or an asylum seekers support number.
- ☐ If you are struggling with the cost of living then please click: <https://www.liverpool.gov.uk/cost-of-living/>
- ☐ If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food and milk. Click on the link to find out how to register <https://www.healthystart.nhs.uk/>
- ☐ If your child is not eligible for benefits related free school meals you may be eligible for support with childcare costs - <https://www.gov.uk/childcare-calculator>

Liverpool City Council is working with Mersey Play Action Council, the local schools, voluntary and community organisations, and childcare providers to deliver the October Half Term Eat 2 Meet programme.

The Family Information and SEND Directory also provides a wealth of useful information and support for families - [FISD](#).

Regards

Sally Dobbing

Sally Dobbing - HAF Project Manager



## PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE OCTOBER HALF TERM 2023

[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)



### MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

### M&S CAFES

Spend £5 & get one free kid's meal Mon - Fri during the Oct Half term (various dates)

### SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

### ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

### BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

### THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

### TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

### SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

### TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase any adult meal (Via App)

### PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

### YO! SUSHI

From Monday 16th October - Friday 27th 2023 kids eat free with every £10 adult spend

### GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

### BILLS

2 kids eat FREE Monday - Friday from Monday 23rd October - Friday 3rd November 2023

### BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

### WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

### TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

### PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

### IKEA

Kids get a meal from 95p daily from 11am

### HUNGRY HORSE

Kids eat for £1 on Mondays

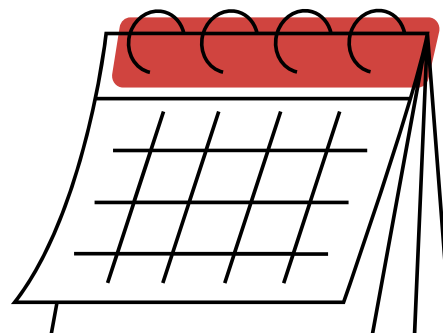
### FUTURE INNS

Under 5s eat for free with any adult meal.



## Dates for your diary - Parents Evenings

- **Year 7** Parents Evening will be on **Thursday 7th March 2024**
- **Year 8** Parents Evening will be on **Thursday 9th May 2024**
- **Year 9** Parents Evening will be on **Thursday 7th December 2023**
- **Year 10** Parents Evening will be on **Thursday 21st March 2024**
- **Year 11** Parents Evening will be on **Thursday 18th January 2024**
- **Sixth Form** Parents Evening TBC



Further information including times will be shared nearer to the date.

Please be advised any changes to the above dates scheduled will be shared via ParentApp, Class Charts, our Newsletter and the school website.

## Flu Vaccination

If your child missed the chance to receive their flu vaccination at school, view the details of upcoming clinic dates available for you to take your child to receive this.

## Merseyside Police - Newsletter

Merseyside Police 'Safer Schools' Co-ordinator has shared their Autumn Newsletter for the attention of Parents and Families.

[You can access this here.](#)

### ITS NOT TO LATE TO GET YOUR FLU VACCINATION

It is given by a painless nasal spray and offered to all school children up to and including year 11.

An injectable porcine free vaccination is also available for children who require this alternative.

Call the Liverpool Immunisation team on 0151 295 3833 to book a Saturday clinic appointment or an appointment during half term.

#### Clinic dates

- |   |                            |
|---|----------------------------|
| • Princess Park Health Centre L8 0SY              | 30 <sup>th</sup> September |
| • Kensington Neighborhood Health Centre L7 2PF    | 14 <sup>th</sup> October   |
| • Childwall Neighborhood Health Centre L16 7QQ    | 28 <sup>th</sup> October   |
| • South Liverpool Treatment Centre L19 2LW        | 11 <sup>th</sup> November  |
| • Townsend Lane Neighborhood Health Centre L6 0BB | 9 <sup>th</sup> December   |
| • Childwall Neighborhood Health Centre L16 7QQ    | 16 <sup>th</sup> December  |

### flu: 5 reasons to have the vaccine

- 1. Protect yourself**  
The vaccine will help protect you against flu and serious complications such as bronchitis and pneumonia
- 2. Protect your family and friends**  
Having the vaccine will help protect more vulnerable friends and family
- 3. No injection needed**  
The nasal spray is painless and easy to have
- 4. It's better than having flu**  
The nasal spray helps protect against flu, has been given to millions worldwide and has an excellent safety record
- 5. Avoid lost opportunities**  
If you get flu, you may be unwell for several days and not be able to do the things you enjoy



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## SAFEGUARDING UPDATES

If you feel a child is at risk (suffering harm, neglect or abuse) Any member of the public can contact Careline on 0151 233 3700 or Merseyside Police on 0151 709 6010

### IMPORTANT CONTACTS

If you currently need support for your mental health or well being these are some of the organisations who are happy to listen and help:

Anxiety UK  
03444775774 (Helpline)  
075374160905 (Text)

Childline  
0800 1111 (Free 24 hr helpline)

Papyrus Hotline (Under 35s at risk of suicide or concerned for another)  
0800 068 4141 07786209697 (text)

The Mix (Support & Advice for under 25s)  
0808 068 4994 85258 (Text THEMIX)

Young Minds  
0808 803 5544 (Parent helpline)  
85258 (Free 24hr crisis messenger, text YM)

Young Stonewall Information & support for young people who identify as LGBTQ  
0800 050 2020

Samaritans Support for anyone who needs to talk  
116 123 (Call)

Bullybusters  
0800 169 6928  
Please refer to the school website for further contact

### REPORTING AN ISSUE ON SOCIAL MEDIA - A GUIDE

[Visit this guide here.](#)

If you feel a child is at risk (suffering harm, neglect or abuse) Any member of the public can contact Careline on 0151 233 3700 or Merseyside Police on 0151 709 6010



<https://ypas.org.uk/services/whats-on-calendar/>



### DOMESTIC ABUSE/VIOLENCE

Please remember, in an emergency dial 999 for immediate assistance. You can call 999 without speaking then pressing 55, or tapping or coughing into the phone. This will enable police to respond. Women's Aid 0808 2000 247 (24 hr helpline) Men's Advice Line 0808 801 0327 Worst Kept Secret Helpline Merseyside

### The Safeguarding Team

Acting Headteacher - Mrs AM Costello

Acting Deputy Headteacher / Designated Safeguarding Lead - Mrs E Brennan

Deputy Designated Safeguarding Leads

Mrs J Littleboy - Director of Safeguarding Services  
Mr A McVerry - Leadership - SENCO

PC P Wood - School Safer Police Officer  
Miss H McCullen - Leadership/Alternative Provision  
Mrs P Shrimpton - Attendance Officer  
Mrs K Sweeney - Special Educational Needs  
Mrs E Garvey Y7, Miss C Lee Y8, Ms R Glorman Y9, Mrs S Doran Y10, Mrs S Styles Y11, - Pastoral Assistant Heads of Year

[www.notredameliverpool.com/safeguarding/](http://www.notredameliverpool.com/safeguarding/)