

# • NEWSLETTER









### **HEADTEACHERS MESSAGE**

Dear Parents and Carers,

**Core Values in Action – Charity** 



In response to the tragic events in Turkey and Syria, students and staff responded to an appeal from Village Market and Anar Restaurant in Kensington for donations of essential items. As ever, you, our Notre Dame family, have donated with such love and generosity. Miss Wall's room has been inundated with donations of clothing, toiletries, nappies first aid kits ,blankets and sleeping bags. Once again, living out our CHARITY core value. All items were donated within 24 hours of the appeal. They have since been packaged up and went out to Turkey on a Turkish Airlines flight yesterday. A monumental effort from all involved. Particular thanks to Miss Wall for co-ordinating.

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MR DUFFY HEADTEACHER



### **February Revision Opportunities for Year 11**

As we begin our push towards the final set of mock examinations in the week beginning **27**<sup>th</sup> **February**, we can confirm our February half term offer for Year 11 revision is as follows:

Day	Morning	Afternoon
Monday 13 <sup>th</sup>	10:00-12:00 Geography	12:30-2:30 History
Tuesday 14 <sup>th</sup>		
Wednesday 15 <sup>th</sup>	9:00-2:00 Art	
Thursday 16 <sup>th</sup>	10:00-1:00 Spanish	
Friday 17 <sup>th</sup>		

### Second Day of NEU Strike Action - Tuesday 28th February

Parents and carers will be aware that the NEU's second day of strike action is scheduled for Tuesday 28<sup>th</sup> February. To give families as much notice as possible, we can confirm our intention to repeat the arrangements for the first day of strike action. Therefore, students in **Years 11, 13 and in Flourish will still attend school for face-to-face learning on Tuesday 28<sup>th</sup> February and should attend school at their normal time. Students in <b>Years 7, 8, 9 and 10 and 12 will be learning at home**. All work will be set via Class Charts. Again, we thank all Notre Dame parents and carers for their support, understanding and patience in managing these days.

### **Feast Day Celebrations**



We would like to end this week's newsletter by once again thanking all staff and students involved in last week's Feast Day celebrations. It was wonderful to be able to celebrate it together as a whole school community again and to return to such a long-established tradition here at Notre. A special 'well done' to our Junior Choir who sang beautifully.

Wishing every Notre Dame family a re-energizing, peaceful and safe half term.

Mr Duffy



### **Empowering Girls Project - with The Inclusive Hub**

### 'Changing the world one strong woman at a time

Our students worked with Wendy, Sara and Michelle over 7 sessions and really enjoyed it!

The girls have really benefited from the sessions they have had and we could see a noticeable difference in their attitude from the first session they had, to their 'graduation'!

We plan on staying in touch and will continue working with them doing other activities after half term

### Thank you Inclusive Hub for all your support to our dents!





### Some thoughts from our students:

Our sessions with Wendy, Sara and Michelle have helped us grow in confidence, they have changed our attitudes towards certain things and people and have helped us realise that there are more serious things going on in the world and there are people we can help.

We could change someone's life by doing something so small!

Wendy, Sara and Michelle were people we felt comfortable with and people we were able to express our feelings to.

They comforted us and provided a safe space for us to talk about anything.

I am grateful for the help and support they gave to us and look forward to working with them again helping other young girls.

## **WE** WISH EVERY NOTRE DAME FAMILY A PEACEFUL AND SAFE WEEKEND.

Mr Duffy





Amazing time this week at the Chill Factor. Students went for an introductory ski session before we hit the slopes in a few weeks in Italy. They also had lots of fun on the snow park going down the toboggan, spinning down on the rings and racing each other down the slopes.





Half Term Revision	Morning	Afternoon
Monday 13th	10.00am to 12 noon Geography—Mrs McNulty	12.30pm to 2.30pm History—Miss Wishart & Miss Cavanagh
Tuesday 14th		
Wednesday 15th	9.00am to 2.00pm Art - Miss Kenny	
Thursday 16th	10.00am—1.00pm Spanish—Mrs Sansbury and	
Friday 17th		

## Don't forget Year 11 - Points = PROM!!

We have launched a challenge for ALL YEAR 11 students to be in with a chance of winning their Prom Ticket. This will work on a points based system with students given the opportunity to earn points from the first day back after Christmas and run up until the final day of the Spring Term.



- 1 point = 1 week 100% attendance (including form time, every lesson and PHSCE)
- 1 point = Attendance to ANY Afterschool Revision Session the more sessions you attend the more points you can earn!

Any student who earns 50 points within the Spring Term will have their prom ticket paid for by the school (approximate value of  $\pm 40$ ).



### **NSPCC - Free Digital Training for Adults**



NSPCC have launched a campaign to empower every adult to know what to do if a child needs help, and where to go if you need support yourself. NSPCC are encouraging every adult in the UK to take their free 10-minute digital training to know how to 'Listen up and Speak up' to combat the half a million children that suffer abuse and neglect a year in the UK.

Click here to complete the NSPCC Digital Training (Approx. 10 minutes to complete)

### Children's Mental Health Week (6-12 Feb) - Parent Event

YPAS and the Education Mental Health Teams will be hosting a virtual parent/carer coffee event on Monday 6th February, 10am -12pm. Grab a hot drink and join two of Alder Hey's Parenting Practitioners for a discussion on secondary school Children's Mental Health week and it's theme which is connection. The conversations will be around connecting with others and supporting your children to navigate relationships.

Please note: this is a virtual event hosted via Zoom. If you are interested in attending, please use the link in this email to register your attendance and you will receive a link to your email address on the morning of the event itself.



Click here for more info and to book online

### **Stop Smoking**

Smoke Free are offering free help & support to Stop Smoking / Vaping to adults and young people. To access this support call (free phone) 0800 061 4212 / 0151 374 2535 Or text QUIT 66777. This can include access to Nicotine Replacement Therapy (NRT) and Zyban.





#### **Message from Liverpool City Council**



The February "Eat to Meet 2" Half Term programme starts on the 13th February and there are lots of great activities happening over the school. Children and young people, from reception to age 16, who are eligible for benefits related free school meals, will be able to access hundreds of activities throughout the half term holidays including specific provision available for children with SEND or additional needs, at **no cost**. There's a great range of activities across the city including **boxing**, **football**, **music**, **dance**, **cycling**, **cooking**, **discos**, **films**, **bowling**, **arts and crafts**, **drama**, **a makeup course**, **trips out** and much more! Every day there will be a range of fabulous meals available with many schemes holding family events as well.

To find out where your nearest scheme is click on this link:

https://merseyplay.com/feb-half-term-activities-food/ or go to https://www.merseyplay.com

When you have chosen the activity/scheme you will need to contact that organisation to book a place. Each organisation will have either a telephone number, email address or online booking system. If your child has any additional needs or dietary requirements then please discuss this with the organisation when you book. There is no central booking system so please read the details of the programmes on the website and contact the providers directly.

- 1. If you want to know how to register or how to check if your child is eligible for free school meals then please click on the link <a href="https://www.gov.uk/apply-free-school-meals">https://www.gov.uk/apply-free-school-meals</a>
- 2. You will need your national insurance number or an asylum seekers support number.
- 3. If you are struggling with the cost of living then please click: <a href="https://www.liverpool.gov.uk/cost-of-living/">https://www.liverpool.gov.uk/cost-of-living/</a>
- 4. If you're more than 10 weeks pregnant or have a child under 4, you may be entitled to get help to buy healthy food

Liverpool City Council is working with Mersey Play Action Council, Sutton Croft and the local schools, voluntary and community organisations, and childcare providers to deliver the Half Term Activity programme. The Easter Holiday Activities and Food programme will start on the 3<sup>rd</sup> April and more details will be available on Merseyplay.com by 6<sup>th</sup> March. Liverpool City Council is working with the local schools, voluntary and community organisations, and childcare providers to provide the HAF programme. The programme is funded by the Department for Education. The Family Information and SEND Directory also provides a wealth of useful information and support for families - FISD.





If you feel a child is at risk (suffering harm, neglect or abuse) Any member of the public can contact Careline on 0151 233 3700 or Merseyside Police on 0151 709 6010

#### IMPORTANT CONTACTS

If you currently need support for your mental health or well being these are some of the organisations who are happy to listen and help:

Anxiety UK 03444775774 (Helpline) 075374160905 (Text)

Childline 0800 1111 (Free 24 hr helpline)

Papyrus Hotline (Under 35s at risk of suicide or concerned for another) 0800 068 4141 07786209697 (text)

The Mix (Support & Advice for under 25s) 0808 068 4994 85258 (Text THEMIX)

Young Minds 0808 803 5544 (Parent helpline) 85258 (Free 24hr crisis messenger, text YM)

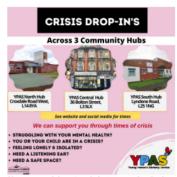
Young Stonewall Information & support for young people who identify as LGBTQ 0800 050 2020

Samaritans Support for anyone who needs to talk 116 123 (Call)

Bullybusters

0800 169 6928
Please refer to the school website for further contact

If you feel a child is at risk (suffering harm, neglect or abuse) Any member of the public can contact Careline on 0151 233 3700 or Merseyside Police on 0151 709 6010



https://ypas.org.uk/services/whats-on-calendar/



#### DOMESTIC ABUSE/VIOLENCE

Please remember, in an emergency dial 999 for immediate assistance. You can call 999 without speaking then pressing 55, or tapping or coughing into the phone. This will enable police to respond Women's Aid 0808 2000 247 (24 hr helpline) Men's Advice Line 0808 801 0327 Worst Kept Secret Helpline Merseyside

## The Safeguarding Team Handteacher-

Headteacher - Mr P Duffy Deputy Headteacher - Mrs AM Costello Designated Safeguarding Lead - Mrs E Brennan

Deputy Designated Safeguarding Leads Mrs J Littleboy - Assistant Head of Year Mr A McVerry - Leadership - SENCO

PC P Wood - School Safer Police Officer
Miss H McCullen - Leadership/Alternative Provision
Mrs P Shrimpton - Attendance Officer
Mrs K Sweeney - Special Educational Needs
Miss C Lee Y7, Ms R Glorman Y8, Mrs S Doran Y9, Mrs J Littleboy
Y10, Mrs E Garvey Y11 - Pastoral Assistant Heads of Year

www.notredameliverpool.com/safeguarding/