



# Physical Education Year 11 Curriculum Map

YEAR 11	Autumn	Spring	Summer
<b>Curriculum Content</b>	<p><b>Core PE</b> Badminton, Volleyball, Football Composite: To participate in physical activity, recognising the benefits of exercise as a tool to relieve stress during challenging times. Components:</p> <ul style="list-style-type: none"> <li>Physical benefits of exercise</li> <li>Psychological benefits of exercise</li> <li>Social benefits of exercise</li> <li>Exercise and stress</li> </ul> <p><b>R052: Developing Sports Skills</b> Composite: Demonstrating the ability to officiate in a sporting activity Components:</p> <ul style="list-style-type: none"> <li>How to apply rules and regulations relevant to the activity</li> <li>The importance of consistency</li> <li>The importance of accuracy</li> <li>The use of signals</li> <li>How to communicate</li> <li>The importance of positioning</li> </ul> <p><b>R051: Contemporary Issues in Sport</b> Composite: Revision of a range of contemporary issues in sport Components:</p> <ul style="list-style-type: none"> <li>Understanding the issues relating to participation in sport</li> <li>Understanding the role of sport in the promotion of values</li> </ul>	<p><b>Core PE</b> Trampolining, Fitness, Football, Composite: To participate in physical activity, recognising the benefits of exercise as a tool to relieve stress during challenging times. Components:</p> <ul style="list-style-type: none"> <li>Physical benefits of exercise</li> <li>Psychological benefits of exercise</li> <li>Social benefits of exercise</li> <li>Exercise and stress</li> </ul> <p><b>Cambridge National Certificate in Sport Studies</b> <b>R051: Contemporary Issues in Sport</b> Composite: Revision of a range of contemporary Issues in Sport Components:</p> <ul style="list-style-type: none"> <li>Understanding the importance of hosting major sporting events</li> <li>Understanding the role of national governing bodies in sport</li> </ul> <p><b>Coursework Completion</b> <b>Pupils to complete and finalise coursework before moderation</b></p>	<p><b>Core PE</b> Striking and fielding games, Composite: To participate in physical activity, recognising the benefits of exercise as a tool to relieve stress during challenging times. Components:</p> <ul style="list-style-type: none"> <li>Physical benefits of exercise</li> <li>Psychological benefits of exercise</li> <li>Social benefits of exercise</li> <li>Exercise and stress</li> </ul> <p><b>Cambridge National Certificate in Sport Studies</b> <b>R051: Contemporary Issues in Sport</b> Composite: revision of a range of contemporary issues in Sport Components:</p> <ul style="list-style-type: none"> <li>Understanding the issues relating to participation in sport</li> <li>Understanding the role of sport in the promotion of values</li> <li>Understanding the importance of hosting major sporting events</li> <li>Understanding the role of national governing bodies in sport</li> </ul>
<b>Prior knowledge and skills (from previous year / key stage)</b>	<p>Rules and regulations of different sports Knowledge of the components of contemporary issues in sport</p>	<p>Contemporary issues in sport</p>	<p>Contemporary issues in sport</p>
<b>Core Knowledge Organiser content</b>	<p>Users groups, barriers to participation, solutions to barriers, sporting values, Olympic values, Olympic creed.</p>	<p>Types of major sporting events Advantages and disadvantages of hosting a major sporting event The role of national governing bodies</p>	<p>Users groups, barriers to participation, solutions to barriers, sporting values, Olympic values, Olympic creed, types of major sporting events, advantages and disadvantages of hosting a major sporting event, the role of national governing bodies.</p>

<b>Assessment Objectives</b>	<p><b>R052: This unit will be assessed internally through observation and video analysis. Candidates will be assessed against the following criteria:</b></p> <p><b>MB1: 1-6 marks:</b> Demonstrates limited officiating skills in the sporting activity selected. Rules and regulations are applied in simple situations with limited accuracy and consistency. Communication and use of signals are often hesitant.</p> <p><b>MB2: 7-11 marks:</b> Demonstrates effective officiating skills in the sporting activity selected. Rules and regulations are applied in common situations, with some accuracy and consistency. Communication and use of signals are clear.</p> <p><b>MB3: 12-15 marks:</b> Demonstrates advanced officiating skills in the sporting activity selected. Rules and regulations are applied in complex situations, most of which are accurate and consistent. Communication and use of signals are clear and confident.</p>	<p><b>R051: This unit will be assessed through a mock exam.</b></p>	<p><b>R051: This unit will be assessed through an external exam in May.</b></p>
<b>Vocabulary / Key Subject Terminology</b>	<p>Positioning, decision making, rules, regulations, officiating, umpiring, judge, accuracy, signals, gestures, consistency.</p>	<p>Communication, motivation, praise, tangible/non-tangible rewards, user groups, barriers to participation, citizenship, tolerance, etiquette, sportsmanship, gamesmanship.</p>	<p>Leisure, recreation, national governing bodies, provision, access, sports development, policies, initiatives, funding, sponsorship, equality, elite, national pride.</p>
<b>Assessment 1</b>	<p><b>AP1- practical assessment:</b></p> <ul style="list-style-type: none"> <li>• Officiating in a physical activity</li> </ul> <p><b>AP2- written assessment:</b></p> <ul style="list-style-type: none"> <li>• Mock exam paper</li> </ul>	<p><b>AP1- written assessment:</b></p> <ul style="list-style-type: none"> <li>• Mock examination</li> </ul>	<p>External assessment- May.</p>
<b>Cross Curricular Links with other Faculties</b>	<p>User groups- sociology Olympic games- history</p>	<p>User groups- sociology Olympic games- history</p>	
<b>Extra-Curricular Offer</b>	<ul style="list-style-type: none"> <li>• Football</li> <li>• Badminton</li> <li>• Basketball</li> <li>• Gymnastics</li> </ul>	<ul style="list-style-type: none"> <li>• Trampolining</li> <li>• Football</li> <li>• Badminton</li> </ul>	
<b>Time Allocation</b>	<p>3 lessons per week- 15 weeks</p>	<p>3 lessons per week- 12 weeks</p>	