

Newsletter

Friday 21st January 2022

Headteacher's Message

Dear Parents and Carers,

Update on COVID measures

Following the Prime Minister's announcements on Wednesday night, we can confirm that students and staff are no longer required to wear face coverings in classrooms and they will no longer be expected to wear face coverings in social areas from **Thursday 27th January**. To continue to protect face-to-face teaching for all year groups, we ask that students continue to observe the other measures that have proven to keep infection rates low at Notre Dame. These are:

- Regular hand washing and sanitisation
- Social distancing wherever possible
- Twice-weekly testing

As always, test kits can be collected by students from school on any day of the working week. Thank you for your continued support.

Year 9 Options

Firstly, we would like to thank all parents and carers for the support you have given your son or daughter so far in making their options choices. We hope those parents who attended subject Question & Answer sessions last night found them helpful and informative. The next steps in the options process are as follows:

1. Students will be receiving their options form today via the school email system.
2. Students will be given reminder instructions on how to log in, along with their email address and password.

Please take time to consider the options and please complete the form by **Friday 28th January**.

A link to the instructions can be found below:

<https://www.notredameliverpool.com/wp-content/uploads/2022/01/How-to-log-in-to-your-Notre-Dame-email.pdf>

Continued.....



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Merseyside Police Youth Provision Survey

The Merseyside Police survey mentioned in last week's newsletter is still open. Merseyside Police are currently seeking the views and opinions of young people in our local community about youth provision and clubs in our area. Please encourage your child to take 2-minutes to complete this very short survey. The survey is open now and will stay open for a number of weeks. It can be accessed via this link :

<https://forms.office.com/r/siZakfmQAz> or this QR code



Feast Day – Wednesday 2nd February

We would like to remind parents that we will be celebrating our Feast Day on Wednesday 2nd February. As in previous years, **students will finish at 12 noon on this day.**

Wishing every Notre Dame family a peaceful and safe weekend.

Mr Duffy



Dear Head Teacher/ Immunisation Link,

As promised could I kindly ask if the below message can be circulated to all 12-15 year old parents/carers email addresses as soon as possible.

I have previously emailed to confirm the date of your schools' next COVID vaccination sessions and look forward to working together to continue to protect our young people.

Please don't hesitate to contact the team if we can be of any further support.

Message to be emailed to parents/carers

Dear Parents/carers

RE: COVID VACCINATION

All 12 to 15 year olds are now eligible for their COVID-19 vaccination

Vaccinating your child can help to reduce the need to have time off school and avoid disruption to their education whilst also reducing the spread of COVID-19 within schools

During this 2nd phase the immunisation team will be delivering COVID-19 dose 1 or dose 2 vaccines in school. Doses will be dependent on consent being received and will be 12 weeks after dose 1, a positive Covid test or Covid illness.

We kindly request you complete your child's form following the below link even if you don't want your child vaccinating before Midnight Sunday 30/01/22 to help support campaign planning.

(open in google chrome)

<https://econsent.merseycare.nhs.uk/>

Many Thanks,

School based immunisation services



Courtesy Stars of the Week

Courtesy is one of our four Core Values at Notre Dame and it is our Core Value focus for this term. Below are the names of students who staff feel deserve wider recognition for living this value out

J. Cowell (Year 8)

“He is always polite and well mannered, he has displayed courtesy towards his fellow classmates and also towards his teacher.

He volunteers to help me give out equipment each lesson and will also collect this back in without me having to ask him.”

Miss Hollis

S. Black (Year 10)

“He is lovely every morning in form, holds the door open every day and has the best manners!”

Mrs Collings

C. Campbell (Year 8)

“For being polite and courteous to the bus driver when I was on the bus.”

Mrs Hall

R. Pemberton, M. Dwyer, N. Zawistowska, F. Farukh, J. Ainscough and M. Byrne (Year 7)

“For giving up their time to litter pick around our school grounds. Fantastic effort from you all!”

Miss Wall

J. Alhamoud (Year 11)

“A new student who is a delight to teach, gets along with others in the class and always puts her hand up in lesson.”

Mr Campbell

B. Jackson and J. Riley (Year 11)

“They always hand out the books for me without being asked to, their behaviour and attitude towards learning is always courteous.”

Miss Jacks

A. Jones McGrath (Year 10)

“For being helpful in clearing up at the end of the lesson and supporting those who are struggling.”

Mr Campbell

J. Ratchford (Year 10)

“At the end of form every day he waits and holds the door open for me.”

Mrs McDonnell

A. Melia (Year 7)

“Always well-mannered and polite and always offers to help with equipment.”

Mr McKeon

S. Azzam and M. Alsaqq (Year 9)

“Both were looking for books and waited patiently while I was speaking to someone before asking for help. They also tidied up some shelves without being asked.”

Ms Murphy

**Well done to each
of you !!**

YEAR 9 OPTIONS

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How to sign up to Qwell.

Qwell is a FREE, anonymous, confidential and safe online emotional wellbeing service, offering professional support, information, discussion boards and more for adults.

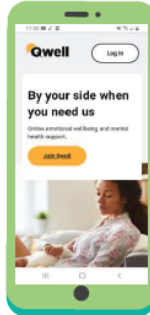
Access 365 days a year to counsellors who are available from:
12 noon-10pm Monday- Friday
6pm-10pm Saturday and Sunday

Log on through **mobile, laptop** and **tablet**.

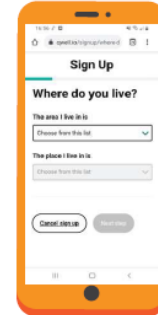
Now that you are in you can click on the icons at the top of the page to choose from the articles, topic page, forums, or choose to talk to a counsellor by clicking the speech marks.

To talk to a counsellor click on: **"Chat now button"**.
 To write a message to the team, click on: **"message the team"**

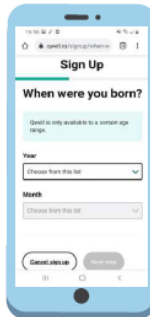
www.qwell.io



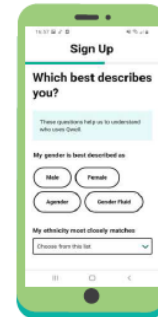
1
Click on the **'Join Qwell'** button located in the centre of the home page of the Qwell website



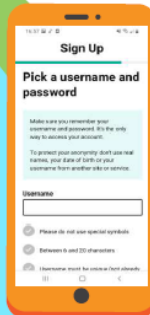
2
Choose from the drop down boxes, the **area** and **location** you live in



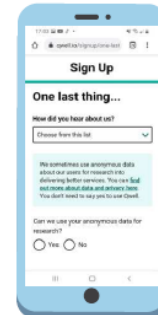
3
Select the **year** and **month** you were born



4
Click on the **gender** that best describes you and then the **ethnicity and background** that most closely matches you



5
Create an **anonymous username** (not your real name) and **secure password**



6
Choose from the drop down box to explain where you found out about **Qwell**

7
Select **Next step** to complete your registration



Looking for support?

Find one to one professional support from a mental health practitioner today.

It's **free, safe** and **anonymous**.

Visit Qwell.io to find out more.



CRISIS DROP-INS

<https://ypas.org.uk/services/whats-on-calendar/>

Please use this link to connect to a calendar for various hub opening hours

CRISIS DROP-IN'S

Across 3 Community Hubs



YPAS North Hub
Croxdale Road West,
L14 8YA



YPAS Central Hub
36 Bolton Street,
L3 5LX



YPAS South Hub
Lyndene Road,
L25 1NG

See website and social media for times

We can support you through times of crisis

- **STRUGGLING WITH YOUR MENTAL HEALTH?**
- **YOU OR YOUR CHILD ARE IN A CRISIS?**
- **FEELING LONELY & ISOLATED?**
- **NEED A LISTENING EAR?**
- **NEED A SAFE SPACE?**

SAFEGUARDING REMINDERS



Important Contacts

If you currently need support for your mental health or well being these are some of the organisations who are happy to listen and help

Anxiety UK

03444775774 (Helpline)

075374160905 (Text)

Childline

0800 1111 (Free 24 hr helpline)

Papyrus Hotline

(Under 35s at risk of suicide or concerned for another)

0800 068 4141

07786209697 (text)

The Mix

(Support & Advice for under 25s)

0808 068 4994

85258 (Text THEMIX)

Young Minds

0808 803 5544 (Parent helpline)

85258 (Free 24hr crisis messenger, text YM)

Young Stonewall

Information & support for young people who identify as LGBTQ

0800 050 2020

Samaritans

Support for anyone who needs to talk

116 123 (Call)

Bullybusters

0800 169 6928

Please refer to the school website for further contact

If you feel a child is at risk

(suffering harm, neglect or abuse)

Any member of the public can contact

Careline on 0151 233 3700 or

Merseyside Police on 0151 709 6010

CAMHS Crisis Care Team

Supporting children and young people in crisis regarding self-harm, suicidal ideation and acute mental health difficulties. Speak to a mental health practitioner 24hrs/day

Childline - www.childline.org.uk

• Childline is available to you if you have any concerns about:

- Bullying
- Abuse (physical, sexual, psychological, emotional, neglect)
- Your body and self esteem
- Your feelings
- Friendships
- Sexual advice
- Home life and families
- School

• You can ring them on 0800 1111 or message them online here <https://www.childline.org.uk/registration/>

• There are loads of resources available for you to download and read as well <https://www.childline.org.uk/info-advice/>



Domestic Abuse/Violence

Please remember, in an emergency dial 999 for immediate assistance.

You can call 999 without speaking then pressing 55, or tapping or coughing into the phone.

This will enable police to respond

Women's Aid

0808 2000 247 (24 hr helpline)

Men's Advice Line

0808 801 0327

Worst Kept Secret Helpline Merseyside

0800 028 3398

The Safeguarding Team

Headteacher – Mr P Duffy
Deputy Headteacher – Mrs AM Costello

Designated Safeguarding Lead
Mrs E Brennan – Senior Assistant Headteacher

Deputy Designated Safeguarding Leads

Mrs J Littleboy – Assistant Head of Year
Mr D McKeon – Leadership - Director of Behaviour
Mr A McVerry – Leadership - SENCO

PC P Wood – school's safer police officer
Leadership/ Alternative Provision – Miss H McCullen
Attendance Officer – Mrs P Shrimpton
Special Educational Needs – Mrs K Sweeney
Pastoral Assistant Heads of Year – Ms R Glorman Y7, Mrs Doran Y8, Mrs E Garvey Y10, Miss C Lee Y11

