

Newsletter

Friday 26th March 2021

Headteacher's Message

Dear Parents and Carers,

Parent Governor appointment

Firstly, we are delighted to confirm the successful appointment of Ms Amy Hitchman as our new parent governor. Ms Hitchman has previously fulfilled the role of parent governor in another school for a number of years and will take up post on the Notre Dame governing body on 1st April. We thank her for committing her time and energy to our college and we look forward to working with her in the years to come.

Reintroduction on Form Time from 12th April

Following the success of students' return from lockdown this term, **we will be re-introducing Form Time into your son or daughter's timetable from Monday 12th April**. As parents and carers will be aware, form time has long been an integral part of the education and pastoral support provided by Notre Dame Catholic College. Form time provides tutors with a daily opportunity to meet their forms, prepare them for the start of each day and share key messages for information or inspiration; it is integral to the culture and ethos of our college community. Since September, it has not been possible to have Form Time at the start of each day due to restricted movement and staggered start times. To enable all students to benefit from Form Time from 12th April onwards, **all year groups will once again need to arrive at school no later than 8.40am with Form Time commencing at 8.45am**.

Happy Easter

Finally, we would like to wish all Notre Dame families and friends a very happy and holy Easter. As I said in my Easter liturgy message to students this afternoon, whilst we continue to reflect on our collective loss and support those who are bereaved, Easter reminds us that hope and the renewal of life should never be lost, for as dark as the road may seem at times, there always lies light at the end of it. Basil Hulme said "**The great gift of Easter is hope** – Christian hope which makes us have that confidence in God, in his ultimate triumph, and in his goodness and love, which nothing can shake."

Wishing every Notre Dame family a safe, peaceful and joyous Easter.

Mr Duffy



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25th March 2021

Dear Parents and Carers,

Thank you for your continued support in the fight against Coronavirus. From the 29th March we are going to see some further easing of Coronavirus restrictions as part of the gradual roadmap out of lockdown. From the 29th March:

Social contact – Rule of 6 but no mixing of households indoors

It is safer for people to meet outdoors rather than indoors. From 29th March, when schools start to break up for the Easter holidays, outdoor gatherings (including in private gardens) of **either 6 people (the Rule of 6) or 2 households will also be allowed outside. Mixing of households indoors is still not permitted.**

Travel

The 'stay at home' rule will end on 29th March but many restrictions will remain in place. People should continue to work from home where they can and minimise the number of journeys they make where possible, avoiding travel at the busiest times and routes.

Travel abroad will continue to be prohibited, other than for a small number of permitted reasons. Holidays abroad will not be allowed.

Testing

Secondary school pupils should continue to take home tests twice per week. If you're a member of a household, childcare bubble or support bubble of a member of school staff or a pupil you can now access testing twice weekly. Further details can be found here: <https://bit.ly/3cnmF5X>

Testing is voluntary, but we strongly encourage people to access testing available to them.

It is still important that we continue to keep ourselves and others safe. Please continue to follow all Coronavirus prevention guidelines, maintain social distancing and wear face coverings wherever possible.

For a reminder about Coronavirus symptoms and how to get tested please see supplementary information.

Please stay safe and thank you for your continued support.

Yours Sincerely,

Matt Ashton

Director of Public Health

Steve Reddy

Director of Children's Services



Supplementary Covid Information

If you have any of the main symptoms of coronavirus (COVID-19), get a PCR test as soon as possible. Stay at home until you get the result.

The main symptoms of coronavirus are:

- **a high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **a loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

People who are sick with coronavirus may have other flu like symptoms such as:

- body aches
- persistent headaches
- sore throat
- tiredness
- shortness of breath
- nausea or
- diarrhoea

If you don't have any of the main symptoms of coronavirus, you don't need to isolate until you get your result, however you do need to continue to take the usual measures to protect yourself and others from illness.

People with symptoms can get a test here:

<https://www.gov.uk/get-coronavirus-test>

People without symptoms can access our community testing sites here:

<https://liverpool.gov.uk/smarttesting>

Understanding Your Child

Free Parenting Guide for people living in Liverpool – free access if you have a purple bin!

Award winning **online courses** about being a parent or carer.

Find out more about:

- How your child develops
- Understanding how your child is feeling
- Different styles of Parenting
- Why is sleep important?
- Communication with your child

These online parenting guides are offered free to parents and carers in Liverpool. Go to

www.inourplace.co.uk Enter the ACCESS CODE: **PURPLE BIN**

WORLD POETRY DAY

To celebrate 'World Poetry Day' on Monday 22nd March, students participated in a variety of activities focused on the skills needed to write and perform poetry. As well as this, the English department hosted a poetry competition; students were tasked with crafting a piece of poetry on the theme of 'reunion'. After much deliberation, the English department is now very proud to announce Notre Dame's very first Poet Laureates: Emily B. and Joseph R. from Year 10. Our Poet Laureates will create bespoke poems to mark special occasions in our college calendar. Congratulations!

'Stuck Together' by Emily B. (Year 10)

We are family,
together at last
Generations gather
Never fell apart
Getting through this together.
Where there is pain there is loss,
Fights and forgiveness-
Unconditional love

That occasional thunder under our roof.
Like an old tape-
Playing back those memories
The anchor that holds our boat in place.
The year's been long,
And the troubles don't end
We're all tied knots,
Both family and friends

'Reunion' by Joseph R. (Year 10)

Reunion is the stuff
of which miracles are made.
An exchange of two friends, once foe,
forgiveness comes to aid
The medicine that heals
the most excruciating pain.
The elixir of reunion
Sets solitude aflame

The rift between man and God
Solved all through One son's name
The rendezvous of man and Creator
Is to maim no pure name.
The potency of such a tonic
and with it the ecstasy that doth come,
proves only that some time may heal
the lesion it is to numb.

For reunion is one sound thing
that no God hath forbade.
As it is the stuff
of which miracles are made.



Attendance Challenge



Congratulations and Well Done

The winners of the "3 Week Form challenge" are:-

Year 11	Form 11F
Year 10	Form 10T
Year 9	Form 9D
Year 8	Form 8T
Year 7	Form 7J

PERFORMING ARTS ACTIVITIES

Performing Arts Enrichment Activities 2021

DAY	Before School	Lunchtime	After School
Monday		12.15 Year 9 Rock Band- M1 12.30 Year 8 Rock Band – M2 12.45 Year 7 Rock band – M1 13.15 Year 10 +11 Rock Band – M1 + M2	Directed Time
Tuesday	Year 7 Early Morning Music 8 – 8.30 a.m. Rooms M1 and M2	Year 7 and 8 Choir: M1 and M2	Resonate A level Music
Wednesday	Year 8 and 9 Early Morning Music 8 – 8.30 a.m. Rooms M1 and M2	6 th Form Rehearsals M1 and M2	Music Theatre Group (Dance and Drama) Room 20 Resonate A level Music
Thursday	Year 10 and 11 Early Morning Music 8 – 8.30 a.m. Rooms M1 and M2	Year 10 Band Rehearsals: M1 and M2	Chamber Choir M1 and M2
Friday			

SAFEGUARDING REMINDERS



Important Contacts

If you currently need support for your mental health or well being these are some of the organisations who are happy to listen and help

Anxiety UK

03444775774 (Helpline)

075374160905 (Text)

Childline

0800 1111 (Free 24 hr helpline)

Papyrus Hotline

(Under 35s at risk of suicide or concerned for another)

0800 068 4141

07786209697 (text)

The Mix

(Support & Advice for under 25s)

0808 068 4994

85258 (Text THEMIX)

Young Minds

0808 803 5544 (Parent helpline)

85258 (Free 24hr crisis messenger, text YM)

Young Stonewall

Information & support for young people who identify as LGBTQ

0800 050 2020

Samaritans

Support for anyone who needs to talk

116 123 (Call)

Bullybusters

0800 169 6928

Please refer to the school website for further contact details/ websites

If you feel a child is at risk

(suffering harm, neglect or abuse)

Any member of the public can contact

Careline on 0151 233 3700 or

Merseyside Police on 0151 709 6010

CAMHS Crisis Care Team

Supporting children and young people in crisis regarding self-harm, suicidal ideation and acute mental health difficulties. Speak to a mental health practitioner 24hrs/day

CONTACT US

Email: sg@notredame.liverpool.sch.uk

Emails are answered within 24 hrs Mon—Fri 9-3

Phone: 0151 330 5122

Safeguarding Team:

Mrs Brennan - Designated Safeguarding Lead

Mrs Littleboy—Deputy DSL / Year 8

Mr McVerry—Deputy DSL

Mr D McKeon - Deputy DSL

Mrs Costello - Deputy Headteacher

Mrs Sweeney , Mrs Kildare, Mrs Doran, Miss Lee,
Mrs Garvey & Ms Glorman

Domestic Abuse/Violence

Please remember, in an emergency dial 999 for immediate assistance.

You can call 999 without speaking then pressing 55, or tapping or coughing into the phone.

This will enable police to respond

Women's Aid

0808 2000 247 (24 hr helpline)

Men's Advice Line

0808 801 0327

Worst Kept Secret Helpline Merseyside

0800 028 3398

Childline - www.childline.org.uk

• Childline is available to you if you have any concerns about:

- Bullying
- Abuse (physical, sexual, psychological, emotional, neglect)
- Your body and self esteem
- Your feelings
- Friendships
- Sexual advice
- Home life and families
- School



• You can ring them on 0800 1111 or message them online here <https://www.childline.org.uk/registration/>

• There are loads of resources available for you to download and read as well <https://www.childline.org.uk/info-advice/>

Our school's safeguarding padlet is now live. The link has been sent to all parents/carers and stu-



The Safeguarding Team

Headteacher – Mr P Duffy
Deputy Headteacher - Mrs AM Costello

Designated Safeguarding Lead
Mrs E Brennan – Senior Assistant Headteacher

Deputy Designated Safeguarding Leads
Mrs J Littleboy – Assistant Head of Year
Mr D McKeon – Leadership - Director of Behaviour
Mr A McVerry – Leadership - SENCO

PC P Wood – school's safer police officer
Attendance – Miss H McCullen (Leadership) and Miss J Gilbert (Attendance Officer)
Special Educational Needs – Mrs K Sweeney



dents via class charts. The padlet acts like an online digital noticeboard. We will use the padlet to signpost students and their families to resources related to safeguarding matters.

You can access the padlet either by clicking here (put in weblink to <https://padlet.com/ebrennan39/gjj84gdob9f2q824> or scanning in the QR code.



WELFARE HELP

BNENC BRECKFIELD CENTRE

Live in Anfield / Everton—Struggling with Debt ?

Problems with Benefits ?

Employment & Housing Issues ?

Need someone to Talk to In confidence ?



BNENC's Welfare Rights Project is Part of BNENC's

Kick Start 2 Health & Wellbeing Programme

Then Contact

BNENC's Welfare Rights Worker

Who may be able to help

Call 0151 288 8400 for an appointment



Department
for Culture
Media & Sport

Breckfield & North Everton Neighbourhood Council Ltd

The Breckfield Centre

Breckfield Road North

Liverpool L5 4QT

Steve Morgan
FOUNDATION

Registered Charity 1071374 Company Ltd No 3596998

"THE PANTRY" @ NOTRE DAME



Notre Dame
Catholic College

Established 1869

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Email: ao@notredame.liverpool.sch.uk
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Headteacher: Mr Peter Duffy BA(Hons) NPQH

Our Ref: RW/Admin/4

20th October 2020

Dear Parent or Carer,

The Pantry at Notre Dame

We realise in these difficulty and very different times that there may be some families who need that little extra support. As a community, Notre Dame would like to offer the service of "The Pantry" to all of our families as we support each other.

The Pantry is a confidential service (foodbank) run by Notre Dame, whereby you can contact Rebecca Wall, our Chaplain, and ask for help with items of shopping, food and toiletries, that you are unable to afford at the moment during these unprecedented times. It may be that you are unable to access benefits, have been made redundant, are working less hours – all making it difficult to feed/support your family as you would normally do.

You may only need to use The Pantry once, or you may need to use it on a more regular basis. Please feel free to call Rebecca and speak to her directly in confidence. You don't even need to share information with your child.

If you would like to discuss this further or have any questions, please do not hesitate to contact me either by telephone or email (rwall18.341@notredame.liverpool.sch.uk).

Remember you are not on your own in this – we are all in it together !

Kind regards

Miss R Wall
School Chaplain