# Newsletter

Friday 23rd April 2021

#### **Headteacher's Message**

Dear Parents and Carers,

Firstly, we would like to wish all Notre Dame families a happy St George's Day, which also coincides with William Shakespeare's Birthday. We celebrated the latter this week through a dedicated Form Time and during our special English lessons, culminating in the writing of some amazing poetry and cupcakes! 'Well done' to all involved.

#### **Return of Detentions**

This week's reintroduction of detentions has gone really well. 'Thank you' to all staff and parents for your support in re-establishing this. Along with daily form time, this has enabled college staff to revisit Notre Dame expectations in terms on punctuality, uniform, equipment, conduct and attitudes to learning. As mentioned in last week's newsletter, students are notified of the detention in person and/or via Class Charts and parents will be informed via Class Charts.

#### **COVID** measures

As parents will be aware, despite the national and regional fall in infection rates and cases, many of the COVID safety measures expected of schools remain until further notice. At Notre Dame. These include:

- sanitation stations throughout the college site and in classrooms
- our one-way system of travel around the college
- staggered breaks, lunch time and departure
- socially distanced classrooms and teaching spaces
- continued postponement of assemblies and other mass gatherings continued postponement of trips and excursions

Whilst we await a further government review of COVID measures in schools next month, we ask for continued commitment and co-operation from all students in their individual responsibilities. These include:

to maintain social distancing wherever possible

to wear a face covering when in communal areas or in any classrooms where social distancing is not possible

to regularly wash and sanitise their hands.

These simple measures will help keep infection rates low and declining until measures are relaxed further by the government. College leaders, staff and governors are incredibly proud of how the whole Notre Dame community have managed and coped with these measures – let's keep going, we're nearly there!





#### **INSIDE THIS ISSUE**

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#### **Parking Outside of the College Building**

As we embark on a new term, we respectfully ask parents who drive their children to or from college to park considerately whilst doing so. Please ensure that pedestrians have clear and unobstructed access along pathways and other motorists have good visibility when at junctions onto Great Homer Street. Parents will be aware that this main road can and does get busy during these times and good visibility is essential to the safety of both motorists and pedestrians. Thank you for your support with this.

Wishing every Notre Dame family a peaceful and safe weekend.

Mr Duffy







# **SAFEGUARDING REMINDERS**



#### **Important Contacts**

If you currently need support for your mental health or well being these are some of the organisations who are happy to listen and help

#### **Anxiety UK**

03444775774 (Helpline)

075374160905 (Text)

#### Childline

0800 1111 (Free 24 hr helpline)

#### **Papyrus Hotline**

(Under 35s at risk of suicide or concerned for another)

0800 068 4141

07786209697 (text)

#### The Mix

(Support & Advice for under 25s)

0808 068 4994

85258 (Text THEMIX)

#### **Young Minds**

0808 803 5544 (Parent helpline)

85258 (Free 24hr crisis messenger, text YM)

#### **Young Stonewall**

Information & support for young people who identify as LGBTQ

0800 050 2020

#### Samaritans

Support for anyone who needs to talk

116 123 (Call)

**Bullybusters** 

0800 169 6928

Please refer to the school website for further con-

#### Childline - www.childline.org.uk

- Childline is available to you if you have any concerns about:
  - Bullying
  - Abuse (physical, sexual, psychological, emotional, neglect)
  - · Your body and self esteem
  - Your feelings
  - FriendshipsSexual advice
  - Home life and families
  - School
- You can ring them on 0800 1111 or message them online here <a href="https://www.childline.org.uk/registration/">https://www.childline.org.uk/registration/</a>
- There are loads of resources available for you to download and read as well <a href="https://www.childline.org.uk/info-advice/">https://www.childline.org.uk/info-advice/</a>



## If you feel a child is at risk (suffering harm, neglect or abuse)

Any member of the public can contact

Careline on 0151 233 3700 or

#### **CAMHS Crisis Care Team**

Supporting children and young people in crisis regarding self-harm, suicidal ideation and acute mental health difficulties. Speak to a mental health practitioner 24hrs/day

#### **CONTACT US**

Email: sg@notredame.liverpool.sch.uk

Emails are answered within 24 hrs Mon-Fri 9-3

Phone: 0151 330 5122

#### Safeguarding Team:

Mrs Brennan - Designated Safeguarding Lead

Mrs Littleboy—Deputy DSL / Year 8

Mr McVerry—Deputy DSL

Mr D McKeon - Deputy DSL

Mrs Costello - Deputy Headteacher

Mrs Sweeney , Mrs Kildare, Mrs Doran, Miss Lee, Mrs Garvey & Ms Glorman

#### **Domestic Abuse/Violence**

Please remember, in an emergency dial 999 for immediate assistance.

You can call 999 without speaking then pressing 55, or tapping or coughing into the phone.

This will enable police to respond

Women's Aid

0808 2000 247 (24 hr helpline)

**Men's Advice Line** 

0808 801 0327

**Worst Kept Secret Helpline Merseyside** 

0800 028 3398

#### **Parent Newsletter**

#### Safeguarding Update 15/04/21

**Recent media coverage has raised the awareness of** peer-on-peer abuse within educational settings linked to the social media campaign '#everyonesinvited'. This has included incidents of sexual violence and/or harassment between young people in schools.

There is a new helpline available to young people and their parents/carers

Any child, young person or adult victim of abuse can reach the 'Report Abuse in Education Helpline' by telephoning 0800 136 663, on Monday to Friday 8am - 10pm, or 9am - 6pm at weekends. It can also be contacted by email at help@nspcc.org.uk



At Notre Dame Catholic College we have a comprehensive Child Protection policy which can be found <a href="here">here</a>. If any students or staff are concerned about sexual violence or harassment in school they should follow the school's child protection policy and speak to a member of the school's safeguarding team without delay. Our school's safeguarding padlet provides signposting of external agencies to support students and their parents/carers. In particular there are links to the NSPCC guidance for adults in relation to non-recent abuse. The padlet can be found <a href="here">here</a>.

We would like to reassure parents/carers that all students will be reminded about inappropriate behaviours in relation to sexual violence and harassment during PSHCE this week. Students will also be signposted to the school padlet and reminded about the school's safeguarding procedures and who to talk to if they have any concerns.

# **WALK FOR WATER**

#### **Lent Fundraising – CAFOD 'Walk for Water'**

To show solidarity with those around the world who have to walk miles to find water to drink, four year 8 students and our School Chaplain, Miss Wall, took part in CAFOD's (Catholic Agency for Overseas Development) Lenten campaign - 'Walk for Water.'

For the 25 days of Lent that they were in school, the five of them walked 2,500 steps each around our school grounds to raise money so others can have access to safe, clean water. The four students also carried two buckets of 'water' (weights) as a way to unite with those who have to do this on a daily basis.

Our students showed great commitment to taking park in their Lenten challenge and they were able to grow in their empathy towards others as well as reflect on the value of having accessible clean water.

In total, they were able to raise £177.74 for CAFOD and their work with helping those who struggle to access clean water.



#### William Shakespeare

Today, the Twenty-Third of April, the world is called to celebrate the birth of a man considered to be the world's greatest penman to date.

The penman who brought us Romeo, the lover of Juliet.

The scribe of comedies and tragedies filled with remorse and regret.

Such regret that brought us Macbeth, hands filled with Duncan's blood, gluttony and malice demanding more than he could.

The words of Shakespeare breathe, they live for evermore. In them, only stands Elizabethan linguistic talent galore.

Linguistic talent often overlooked with its complexity and length. Yet to dive into its understanding, is to build a lifelong strength.

With this strength, his work still stands. In spite of the modernity and technology society demands.

And so with joy it is said, that a penman so great, is deserving of a celebration, as the best of his kind to date.

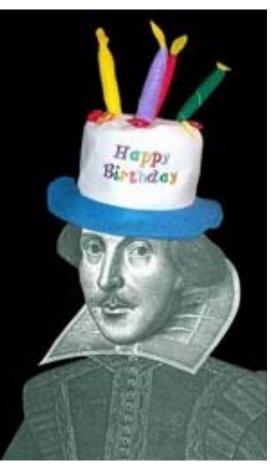
Joseph R. (Year 10)

To celebrate William Shakespeare's 457th birthday on

Friday 23<sup>rd</sup> April, students participated in a range of activities throughout the week including the reading of 'Sonnet 18' and competing in an interactive quiz.

On the big day itself, students exchanged facts about the famous bard for birthday cupcakes at break and watched productions of his most famous works in their English lessons.

As well as this, our very own Bards of Notre Dame produced bespoke pieces of poetry



#### Shakespeare

For those who love Time is eternal Those who crave power That fear rejection

Two families dispute
While a lover's by your side
With a secret romance
And tragedy on stand-by

Where there is war Let there be bloodshed Is this dramatic irony? Watch characters fall silently

Mischievous fairies Am I lucid dreaming Dancing in the dark Is there a secret meaning

Royalties slain Day and night When problems occur They fear for their life

As the curtains fall
And the lights fade back
Snapping back into reality
As the audience cheers and claps

Today we mark a special day As we remember Shakespeare Whose words flew on paper What a day to remember

Emily B. (Year 10)



# Musical Theatre Club

# Join us Wednesday 3.00pm to 4.00pm In The Dorothy Stang Theatre



# **ENRICHMENT TIMETABLE**

#### **ENRICHMENT TIMETABLE 2021**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
BEFORE SCHOOL	Breakfast Club All Year Groups Lower Canteen	Breakfast Club All Year Groups Lower Canteen Year 7 Early Morning Music 8 – 8.30 a.m. Rooms M1 and M2	Breakfast Club All Year Groups Lower Canteen  Year 8 and 9 Early Morning Music 8 – 8.30 a.m. Rooms M1 and M2	Breakfast Club All Year Groups Lower Canteen  Year 10 and 11 Early Morning Music 8 — 8.30 a.m. Rooms M1 and M2	Breakfast Club All Year Groups Lower Canteen			
LUNCHTIME	12.15 Year 9 Rock Band - M1 12.30 Year 8 Rock Band - M2 12.45 Year 7 Rock band - M1 13.15 Year 10 +11 Rock Band Rooms: M1 + M2	Year 7 and 8 Choir: Rooms: M1 and M2	6 <sup>th</sup> Form Rehearsals Rooms: M1 and M2	Year 10 Band Rehearsals: Rooms: M1 and M2				
AFTER SCHOOL		Y7/Y8 Football/Badminton Resonate A level Music	Y9/Y10 Football / Athletics/ Trampolining  Musical Theatre Group 3-4pm  Music Theatre Group (Dance and Drama) Room 20  Resonate A level Music	Chamber Choir Rooms: M1 and M2				

# **SCHOOLS OVERSEAS TRAVEL**

16<sup>th</sup> April 2021

Liverpool City Council

Dear Parent / Carer,

#### Re: COVID-19 and overseas travel

Thank you for your continued support in the fight against Coronavirus. We wanted to take this opportunity to remind you there are restrictions in place for international travel.

You can only travel internationally from England where you have a <u>reasonable excuse to leave the UK</u>, such as work. International holidays are not permitted.

#### RED LIST TRAVEL BAN COUNTRIES

If you have been in or through any of the countries listed here:

Coronavirus (COVID-19): red list travel ban countries - GOV.UK (www.gov.uk)

in the previous 10 days, you will be refused entry to the UK.

If you are a British or Irish National, or you have residence rights in the UK, you will be able to enter. You must <u>quarantine</u> in a <u>government approved hotel</u> for 10 days.

Currently, everyone allowed to enter England from outside the <u>Common Travel Area (Ireland, the Channel Islands or the Isle of Man)</u> must:

quarantine for 10 days

take a coronavirus test on day 2 and day 8 of quarantining unless your job permits exemption. You will hav to pay for a private test: <a href="mailto:shorturl.at/gmxZ4">shorturl.at/gmxZ4</a> follow the <a href="mailto:national social distancing rules">national social distancing rules</a>

If you are self isolating and require further help with shopping, getting prescriptions or mental health please visit here: <a href="mailto:shorturl.at/fjyK0">shorturl.at/fjyK0</a> Alternatively, please call freephone 0800 169 3032. Our lines are open 8am to 6pm Monday to Friday.

This guidance is available in a range of alternate languages: <a href="mailto:shorturl.at/zHJK6">shorturl.at/zHJK6</a>
Face coverings

When picking up or dropping off children from school or nursery you should wear a face covering, unless you are exempt and always avoid close contact with others.

Stay safe and many thanks for your continued support.

Matt Ashton
Director of Public Health, Liverpool

Steve Reddy

Director of Children's Services, Liverpool

#### General Covid-19 advice

If you have any of the main symptoms of coronavirus (COVID-19), get a PCR test as soon as possible. Stay at home until you get the result.

The main symptoms of coronavirus are:

- **a high temperature** this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **a new, continuous cough** this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
  - **a loss or change to your sense of smell or taste** this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

People who are sick with coronavirus may have other flu like symptoms such as:

body aches

persistent headaches

sore throat

tiredness

shortness of breath

nausea or

diarrhoea

If you don't have any of the main symptoms of coronavirus, you don't need to isolate until you get your result, however you do need to continue to take the usual measures to protect yourself and others from illness.

#### **General Testing (not part of returning to England)**

#### People with symptoms can get a test here:

https://liverpool.gov.uk/communities-and-safety/emergency-planning/coronavirus/how-to-get-tested/tests-for-people-with-symptoms/

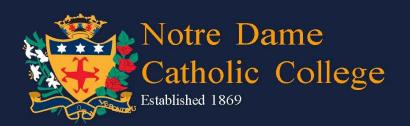
<u>People without symptoms can access our community testing sites here: https://liverpool.gov.uk/smarttesting</u>

Testing after travel from overseas: www.gov.uk/guidance/coronavirus-covid-19-testing-for-people-travelling-to-england?step-by-step-nav=8coc7b83-5eob-4bed-9121-1c394e2f96f3

#### **Mental wellbeing**

Don't forget about your own self-care. Discover our supportive online mental wellbeing space for adults: **qwell.io** 

### "THE PANTRY" @ NOTRE DAME



180 Great Homer Street, Liverpool L5 5AF
Tel: 0151 330 5122 Fax: 0151 207 0904
Email: ao@notredame.liverpool.sch.uk
www.notredameliverpool.com

Headteacher: Mr Peter Duffy BA(Hons) NPQH

Our Ref: RW/Admin/4

20th October 2020

Dear Parent or Carer,

#### The Pantry at Notre Dame

We realise in these difficulty and very different times that there may be some families who need that little extra support. As a community, Notre Dame would like to offer the service of "The Pantry" to all of our families as we support each other.

The Pantry is a confidential service (foodbank) run by Notre Dame, whereby you can contact Rebecca Wall, our Chaplain, and ask for help with items of shopping, food and toiletries, that you are unable to afford at the moment during these unprecedented times. It may be that you are unable to access benefits, have been made redundant, are working less hours – all making it difficult to feed/support your family as you would normally do.

You may only need to use The Pantry once, or you may need to use it on a more regular basis. Please feel free to call Rebecca and speak to her directly in confidence. You don't even need to share information with your child.

If you would like to discuss this further or have any questions, please do not hesitate to contact me either by telephone or email (<a href="mailto:rwall18.341@notredame.liverpool.sch.uk">rwall18.341@notredame.liverpool.sch.uk</a>).

Remember you are not on your own in this – we are all in it together!

Kind regards

Miss R Wall

pwall

School Chaplain



