

Newsletter

Friday 23rd October 2020

Headteacher's Message

Dear Parents and Carers,

COVID-19 testing survey

Firstly, we would like to inform all parents that Notre Dame Catholic College has accepted an invitation to take part in a national COVID-19 testing survey throughout the academic year. Please be assured that we have been invited at random as one of ten Liverpool schools and 150 schools across the country. Our number of positive cases for both students and staff remain amongst some of the lowest in the city, however, school leaders and governors feel our participation in the study will not only make our college an even safer place to learn but it will also support the city and the country in understanding the virus better and in navigating our way out of the current wave. Please note that the survey will only involve Year 12 and 13 and staff who have contact with these year groups. Today, letters have been distributed to all students involved.

Bonfire night and Halloween celebrations

The week of our return from the half term break will see both Halloween and Guy Fawkes Night. To support families through what can be a difficult period for our local community, the Merseyside Fire and Rescue Service have written to schools sharing useful links and resources to highlight the dangers to children during this season and tips on how to stay safe. We have included the letter in this week's newsletter for your reference and use. We urge parents to watch the videos first before you share them with your children as some are more hard-hitting than others.



INSIDE THIS ISSUE

Headteacher's Message Continued.....

Foreign travel over half term

Finally, we politely remind any families who are travelling abroad over half term that they may need to self-isolate for 14 days as soon as they return to the UK, depending on where they have travelled from. Any pupils returning from countries that are subject to restrictions should not return to school for 14 days and should isolate at home. This is a vitally important measure to help control and contain COVID-19. The list of countries requiring isolation for 14 days is constantly changing so please regularly check the latest version here: <https://www.gov.uk/guidance/coronavirus-covid-19-travel-corridors>

Wishing all Notre Dame families a restful half term break,

Mr Duffy

SAMPLE HIGHER EDUCATION !

EMTAS, in collaboration with the University of Liverpool, would like to offer our **Y11 and Y12** students the opportunity to attend a number of zoom sessions which will be hosted during the half term break. The sessions will provide students with an insight into Higher Education. Each session has a different link so students do not have to sign up for all sessions but can pick and choose! Registration is via the university links below. As with all online sessions, there is always that safeguarding element so we do always encourage a parent/ carer to not necessarily take part in the session but to be present or nearby.

Monday 26th October: Student Life- Money, Accommodation and Social :

<https://liverpool-ac-uk.zoom.us/meeting/register/tJAqfuisrjMpH9DXBEhmXRRKXxUJRSMOD1UD>

Tuesday 27th October: Student Life: Applying for University and the process (UCAS):

<https://liverpool-ac-uk.zoom.us/meeting/register/tJUucu6oqjorHdKQxgcRI8gLG79InR9-IDj4>

Wednesday 28th October: A day in the life of a Humanities Student

(Law and Criminology):

<https://liverpool-ac-uk.zoom.us/join/98670000000?pwd=ZUJkdjRldzVkbDZkdzFkZWpScEYydz09>

Thursday 29th October: A day in the life of a Health and Life Sciences Student (Veterinary and Medicine):

<https://liverpool-ac-uk.zoom.us/meeting/register/tJMof-6prz4sHNem4Py37DCxRtALceyKi7YL>

Friday 30th October: A day in the life of an Engineering Student:

<https://liverpool-ac-uk.zoom.us/join/91234567890>

Val is this ok to just put in newsletter FAO year 11 and sixth form?

BETTER CONNECTED !

Better Connected

DAISY Inclusive UK, Citizens Advice Liverpool and West Everton Community Council have come together to increase digital access to households with children and young people that are struggling to make ends meet.

The project aims to increase digital access by providing:

- 6 months of free internet in the form of a loan of a portable Wi-Fi unit with 6 months of unlimited data.
- A loan of a refurbished Desktop PC for 6 months.

To be eligible for a device you must:

- Have a child 16 years and under
- Live in the Everton ward
- Receive free schools meals and or council tax support

To get more information or to apply, call:

- Citizens Advice Liverpool on 0151 522 1400,
- West Everton Community Council on 0151 282 0303 (voicemail only 0151 282 0320)
- Daisy Inclusive UK on 0151 261 0309

To contact the project's Chair, Councillor Jane Corbett
Send a text to: 07736445468



GCSE AFTER-SCHOOL REVISION

We are pleased to advise you that After School Revision sessions are due to re-commence after Half Term for Year 11 students..

These sessions will be invaluable in helping pupils revisit topics, learn new content and perfect exam technique. Revision sessions will give extra confidence and help pupils achieve the grades they deserve.

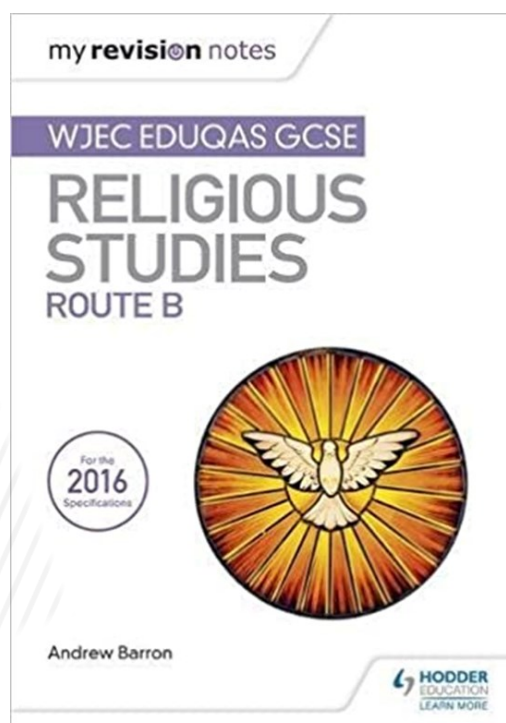
Please encourage your child to attend these important sessions.

See timetable below for further information

SUBJECT	DAY / DATE	TIME	ROOM/AREA
HISTORY	TUESDAY WEEKLY	3.05pm — 3.45pm	83/84 - (Science)
MATHS	THURSDAY WEEKLY	3.05pm — 4.00pm	Timetabled Classroom
RE	WEDNESDAY WEEKLY	3.05PM - 4.00pm	

RE Pupils may wish to purchase a revision book—costing under £10.00

"My Revision Notes—WJEC Eduqas



CLASS CHARTS

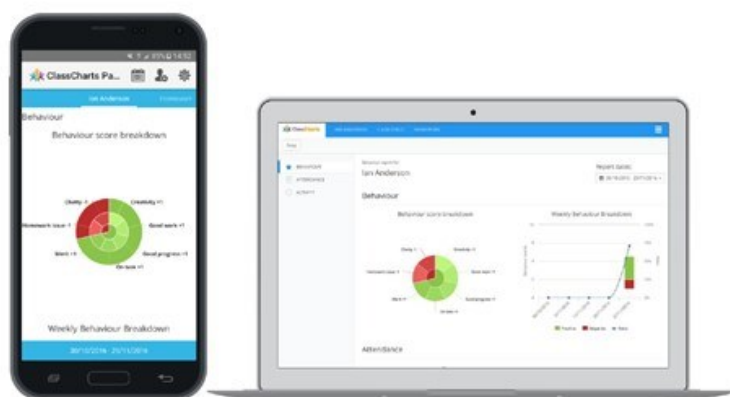
NDCC Parents are currently following their child's behaviour, progress and home learning schedule on the **Class Charts Parent app**.



Are You?

Email the behaviour team for your login details at:
behaviour@notredame.Liverpool.sch.uk

Alternatively you can call the college
on: **0151 330 5122**



PUBLIC NOTICE



www.merseyfire.gov.uk

A message for Merseyside Schools this Halloween & Bonfire from Merseyside Fire & Rescue Service

To all Merseyside Schools,

We at Merseyside Fire & Rescue Service are acutely aware that this year's bonfire period will be unlike any other. Our usual partnership work with schools involves visits to the schools which we know will not be possible in the current conditions. The local restrictions in place have also resulted in the cancellation of organised displays and diversionary activities, which we would normally signpost children and young people towards.

We understand that young people may be feeling anxiety, that they are being unfairly cooped up at home and unable to see friends, but it is more important than ever that they make the right choices in order to stay safe and stay out of trouble this Bonfire period.

With that in mind, we have worked with our communications team to produce some short videos which we would like you to share with your pupils to encourage them to think about their behaviour and make the right choices.

We have two new videos this year, one of which is an animation about making the right choice between positive and negative behaviour. This should be suitable for anyone and is available here <https://bit.ly/3ISoFVE>

The second is harder hitting and depicts serious and permanent injury as a result of firework misuse. While this is not graphic, serious injury is depicted in the soundtrack and we would suggest careful consideration should be made before showing to younger or sensitive children as it may upset them. You should review this video before showing it to pupils here <https://bit.ly/35g05rb>

We also have videos addressing issues such as attacks on fire crews and deliberate fire setting which we have updated for 2020 and are available here: <https://bit.ly/3dCtP5f>

We would suggest that these short videos are viewed before showing to pupils to ensure suitability for the age group of the audience.

You will also find a new leaflet with bonfire messages supplied with this message, it would be great if schools could display this on websites and attach to emails to parents etc. so our key messages reach parents as well as young people.

Have a happy and safe bonfire period,



Merseyside Fire & Rescue Service

ATTENDANCE & STAYING HEALTHY

INFORMATION FOR PARENTS AND CARERS

Notre Dame Catholic College is a successful school and YOU and your son or daughter play a part in making it so.

Many of you were anxious about your child coming back to school in this strange time, but with courage you supported your child and ensured they came back to school. For the many of you that did this, Well done as this is the best action you could have done to ensure your child maximises their educational achievement and social development.

It has been good for the students to get back to meet their friends and to get back into a more normal school routine. Remember we are all in this together.



Now that we are entering the winter months and the weather is colder and your son/daughter may at times be feeling a bit under the weather. Please think carefully before keeping them off and check their symptoms on the NHS website so that your child does not miss out on critical learning opportunities unnecessarily. Missing days off have a NEGATIVE effect on your sons/daughters ACADEMIC PROGRESS and SOCIAL DEVELOPMENT. Every day off is 5 lessons missed.




Here is some information about COVID 19 from the NHS website that will help you make decisions.

"The main symptoms of coronavirus (COVID-19) are:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- a new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal."

The information below will help you decide whether you need to send you son/daughter to school or if they need medical attention.

Ailment	Can child usually come to school?	How to treat child's ailment	When you need to take your child to the doctor (out of school hours)
Headache 	Yes	Put a cool, moist cloth across their forehead or eyes. Get them to breathe easily and deeply. Encourage them to eat or drink something (not drinks containing caffeine.)	If painkillers don't help or if the headaches are interfering with schoolwork.
Cough 	Yes	A cough needs to clear itself, this can take up to 2 weeks.	They have had the cough for more than 3 weeks.

<p>Cold</p> 	<p>Yes</p>	<p>Make sure they drink plenty of fluids - water is fine, warm drinks can be soothing.</p> <p>If they have a blocked nose, you can make their breathing easier by raising the pillow end of their bed.</p> <p>Don't let them get too hot.</p>	<p>Their symptoms last more than three weeks.</p> <p>They seem to be getting worse rather than better.</p> <p>They have chest pain or are coughing up blood-stained phlegm.</p> <p>They have severe earache.</p>
<p>Stomach Ache</p> 	<p>Yes</p>	<p>Give them clear fluids, such as water, broth, tea, or fruit juice diluted with water.</p> <p>Serve bland foods like toast, pasta, rice. Have them try to pass a stool.</p>	<p>They seem to be getting worse rather than better.</p>
<p>Cold Sores/Mouth Ulcers</p> 	<p>Yes</p>	<p>Apply ice or a warm washcloth to the sores to help ease their pain.</p> <p>Avoid giving your child acidic foods e.g. citrus fruits or tomato sauce.</p>	<p>They don't heal by themselves within 7 to 10 days.</p> <p>They have sores near the eyes or get cold sores / ulcers frequently.</p>
<p>Acne</p> 	<p>Yes</p>	<p>Ensure they wash their face once or twice a day with warm water and a mild soap or cleanser.</p> <p>Don't let them pick, squeeze, or pop pimples.</p>	<p>If the acne is particularly sore and seems to be getting worse not better.</p>
<p>Period Pains</p> 	<p>Yes</p>	<p>Put a hot water bottle (wrapped in a tea towel) on their tummy.</p> <p>Light, circular massage around their lower abdomen may also help reduce pain.</p>	<p>If they have severe period pain or if their periods become heavier than usual or irregular.</p>
<p>Head Lice/Nits</p> 	<p>Yes</p>	<p>You can use medicated lotions and sprays that kill head lice in all types of hair. You can buy these from pharmacies, supermarkets or online.</p>	<p>You do not need to go to the doctors if your child has head lice/nits.</p>
<p>Allergies/Hay Fever</p> 	<p>Yes</p>	<p>Hay fever can usually be controlled using medication from the chemist.</p>	<p>If their symptoms are more troublesome as they may require medication from doctor.</p>

***Remember when your child shows signs of minor illness such as a cold,
THEY CAN COME TO SCHOOL.***

All medical and dental appointments should be made out of school hours. If you are ever seriously concerned about your child's health, seek medical advice.

If you are experiencing any issues that are affecting your son or daughter's attendance, whether these are Covid-19 health related, financial, or problems in school itself, then please contact your sons or daughters Head of Year or Mrs J Gilbert our attendance officer. We are now in week 7 of the school academic year and remember every day at school is another step towards your son/daughter achieving their best academic results.

Reminder of school dates:

Half term: Monday 26th October – Friday 30th October 20 20

School begins on Monday 2nd November and finishes on Friday 18th December 2020. Let's make this a good 7 week block where your child is in school learning when possible. Remember "the foundation for good attendance is a strong partnership between Notre Dame, you the parent/carer and the student.

FREE SCHOOL MEALS

If your child is eligible for Free School Meals, Mayor Joe Anderson has agreed that Liverpool City Council will fund a £10.00 voucher for use over October Half Term.

Those marked as eligible for Free School Meals at Notre Dame will have received a message via Groupcall today to your mobile phones. To redeem your voucher, please visit your local Children's Centre within the Ward you live in on **Wednesday 28th October**. You will be required to show the message you received on your phone from Notre Dame. It may be advisable to take another form of identification with you. Parents/Carers must attend in person, vouchers cannot be distributed to children/young people.

The addresses of the local Children's Centres can be found by following the link below.

<https://liverpool.gov.uk/children-and-families/early-years-and-childcare/childrens-centres/>

Vauxhall Children's Centre
Titchfield Street
Liverpool L5 8UT
Tel: 0151 298 2918

Anfield Children's Centre
Oakfield
Liverpool L4 2QG
Tel: 0151 233 4001

Everton Children's Centre
Spencer Street
Liverpool L6 2WF
Tel: 0151 233 1969

Fountains Children's Centre
Fountains Road
Liverpool L4 1QH
Tel: 0151 233 4741



“THE PANTRY” @ NOTRE DAME



Notre Dame
Catholic College

Established 1869

180 Great Homer Street, Liverpool L5 5AF
Tel: 0151 330 5122 Fax: 0151 207 0904
Email: ao@notredame.liverpool.sch.uk
www.notredameliverpool.com

Headteacher: Mr Peter Duffy BA(Hons) NPQH

Our Ref: RW/Admin/4

20th October 2020

Dear Parent or Carer,

The Pantry at Notre Dame

We realise in these difficult and very different times that there may be some families who need that little extra support. As a community, Notre Dame would like to offer the service of “The Pantry” to all of our families as we support each other.

The Pantry is a confidential service (foodbank) run by Notre Dame, whereby you can contact Rebecca Wall, our Chaplain, and ask for help with items of shopping, food and toiletries, that you are unable to afford at the moment during these unprecedented times. It may be that you are unable to access benefits, have been made redundant, are working less hours – all making it difficult to feed/support your family as you would normally do.

You may only need to use The Pantry once, or you may need to use it on a more regular basis. Please feel free to call Rebecca and speak to her directly in confidence. You don't even need to share information with your child.

If you would like to discuss this further or have any questions, please do not hesitate to contact me either by telephone or email (rwall18.341@notredame.liverpool.sch.uk).

Remember you are not on your own in this – we are all in it together !

Kind regards

Miss R Wall
School Chaplain

YEAR 11 SUCCESS

The following students are to be congratulated
for having the most “POSITIVES” in Year
11

Congratulations and Well Done !!!

Pierre Santos

Macie-Anna Barlow

Jessica Mock

Kerry Allen

Alexis Creita

Luke Burns

Libby Jo Shields

Ella Perry

Brice McGrath



ONLINE LEARNING



How to take part in an online lesson on Teams.



If you find yourself self-isolating at home, you will still need to take part in the lessons you missed at school.

An online lesson is where you will be participating in the lesson at home while your teacher is in the classroom.

To join an online lesson, you will need to log into Teams, you can do this by clicking on the icon which can be found on the opening page of the college website:

Look for this icon near the top right of the opening page



If you do not have internet access at home, please inform your form tutor now, or call college on 0151 330 5122



How to get on to Teams.



THIS IS FOR YEARS 7, 8 & 9 ONLY

FOR YEARS 10 & 11 SEE NEXT SLIDE

1. Go to the college website.
2. You will see the new Teams icon near the top right-hand side.



3. Click on the new Teams icon.
4. You will now be asked to enter your school email address and password.

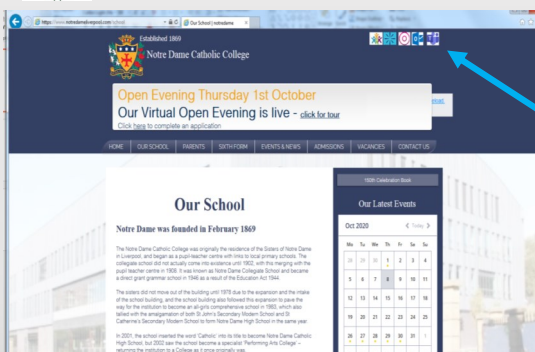
School emails start with your username followed by:

@notredame.liverpool.sch.uk

e.g. Smitp101@notredame.liverpool.sch.uk



How to get on to Teams.



**FOR YEAR 10 & 11
STUDENTS ONLY**

1. Go to the college website.
2. You will see the new Teams icon near the top right-hand side.



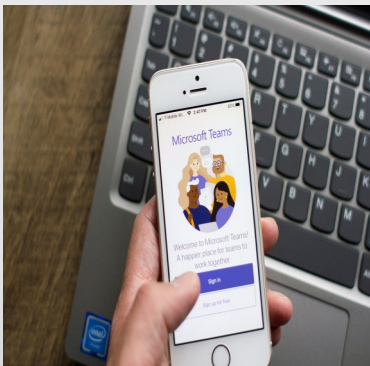
3. Click on the new Teams icon.
4. You will now be asked to enter your school email address and password.

School emails start with your username followed by:

@notredame.liverpool.sch.uk

e.g. jonesm17@notredame.liverpool.sch.uk – Year 10

smithf16@notredame.liverpool.sch.uk – Year 11

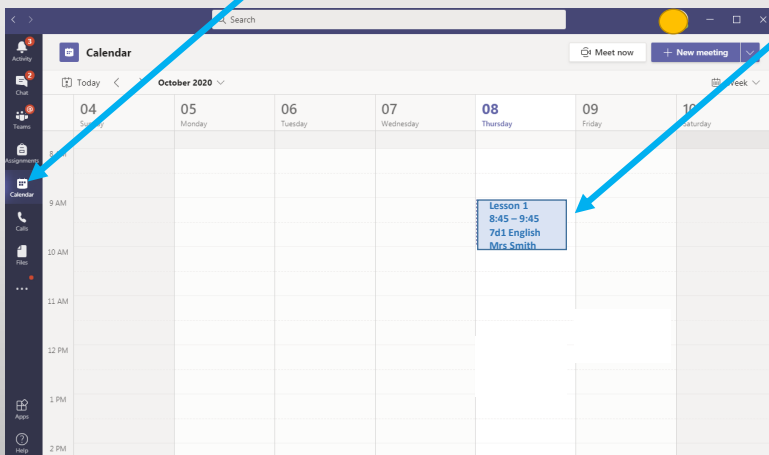


4. Whether you are using your mobile phone or your home computer, use the [web version](#) of Teams.

If you are on your home computer, you can use either Chrome, Edge or Safari to access Teams.



5. Once Teams has opened, click on to the calendar



6. Click on to the first lesson of the day.

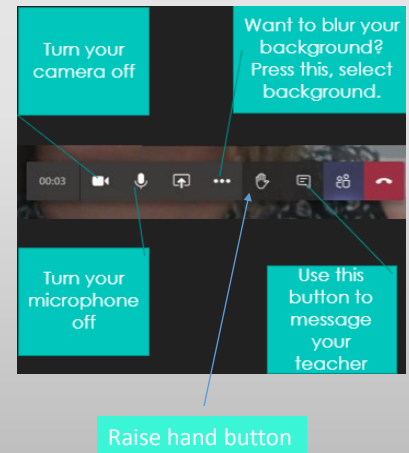
In this example for 7d1, the first lesson on 8th October is at 8:45am, English, with Mrs Smith.



Working online

- The teacher will 'call' you when ready and you will have to click on the **JOIN button – be ready to do this.**
- Your microphone should be **off** (mute).
- You can use the 'raise hand' button to show that you want to speak/answer a question. Your teacher will invite you to speak – then you can unmute your microphone.
- You must be suitably dressed/ blur out the background if possible and wear earphones so as to not be disrupted.
Or you can prefer to not have the camera on at all?
- If you have a question about the work, you can message your teacher during the lesson using the message button.
- Follow your teacher's instructions first time.
- Remember to be polite and courteous in your messaging. Please be aware of your conduct and behave appropriately whilst taking part in lessons.

You will use these control buttons during the lesson.



What your teachers will do:

- **Record attendance at every lesson.**
- **They can see the time when you join a meeting and what time you end the call. They may need to contact you to find out why you needed to leave the session before it finished.**
- **If you use the message function inappropriately, your ability to use it in future may be taken away.**



Submitting work - There are different ways you can get your work back to teachers:

1. Through ClassCharts – for example: your teacher will tell you if the work is on ClassCharts, so complete the work there and send it back
2. Email – add an attachment or take a photo of your work and send that to your teacher.

It is important that you get your work back to your teacher by the deadline date

If you want more information, please look at these YouTube clips.

- Students guide to online lessons on Teams - <https://www.youtube.com/watch?v=fdaMa1DSwXo>
- Student guide to downloading Teams - <https://www.youtube.com/watch?v=Zoc78NKvTK0&list=PLxp90x5c0ttY6YQiUyoG9gmoAx2OVncHa>
- Virtual classroom (what does it look like) - https://www.youtube.com/watch?v=jx36qQf_Qpk



Do remember:

- Complete school work each day and submit work through Teams/ClassCharts/email, as instructed by your class teachers.
- Follow your own timetable each day and **be on time for lessons**.
- Ensure the work is your own and that you have completed the tasks to the best of your ability.
- If you require any additional help or support with your online learning, contact your teachers via email and your teachers will get back to you as soon as possible.
- Check the college website for updates each day.
- If you complete all the work you have been set, try and **read a book for pleasure** – it is fun and can be very relaxing.



All of the information in this presentation is on the college website – Online Lessons – find it in the ‘At Home Access Support’ section.

Finally,

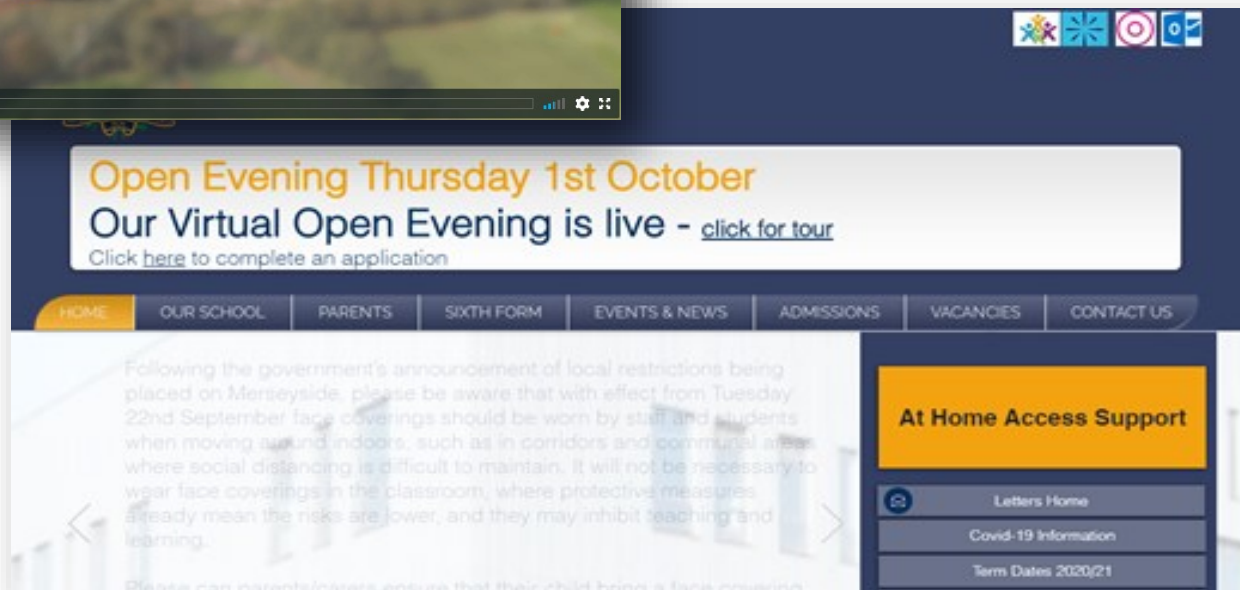
we are always here for you.

Message your teacher if you have any questions about the work.

Call school if you have any major problems logging in or completing work - 0151 330 5122.



ADMISSIONS - 2021



Applications for a place at Notre Dame in September 2021 should be completed and returned by 31st October .

If you have difficulty posting/handing in your application form to Notre Dame you can hand it to Reception at the following partner-primary schools:

- St Johns Catholic Primary School
- Our Lady Immaculate Catholic Primary School
- Faith Catholic Primary School
- Holy Cross Catholic Primary School
- The Trinity Catholic Primary School

Please be reminded —In addition to this form which is returned to us you should also complete the on-line application form with Liverpool City Council. The return date for on-line applications is also 31st October 2020

IMPORTANT COVID UPDATE



Test and Trace

23 September 2020

Dear parents and guardians,

This is an important letter to share some information on how we can work together to make sure we can continue to give children and young people the best education in the safest way possible.

One important part of ensuring the safety and wellbeing of pupils, parents and our communities is testing for coronavirus. We all have a duty to make sure that the right people have access to get tested at the right time. Every time a test is used inappropriately, a person with Covid-19 symptoms may miss out on getting tested.

Therefore, I ask that you all follow these principles:

- You should only book a test if your child has any of these three coronavirus symptoms:
 1. **a high temperature:** any new high temperature where your child feels hot to touch on their chest or back (you do not need to measure the temperature)
 2. **a new continuous cough:** coughing a lot for more than an hour, or three or more coughing episodes in 24 hours
 3. **a loss of, or change in, sense of smell or taste:** a noticeable loss of smell or taste or things smell and taste different to normal
- Your child **does not need a test** if they have a runny nose, are sneezing or feeling unwell but do not have a temperature, cough or loss of, or change in, sense of smell or taste because these are not normally symptoms of coronavirus.
- If you are unsure about whether to get a test, please check the official list of symptoms on the NHS website, which is reviewed regularly:
www.nhs.uk/conditions/coronavirus-covid-19/symptoms/
- Only the person with symptoms should get a test. You do not need to get a test for anyone else in the household unless they also have any of the three symptoms listed above. All members of the household need to self-isolate whilst waiting for the test result.

LOCAL COVID ALERT LEVEL

VERY HIGH

Social Contact



1 household / bubble in most locations, indoors and outdoors. Rule of six applies in some outdoors settings like parks, public gardens and sports courts.

Weddings and Funerals



Up to 15 guests for weddings and up to 30 guests for funerals. 15 for wakes and related ceremonies. Wedding receptions not permitted.

Overnight Stays



Those in area advised against overnight stays in other parts of UK. People outside area advised against overnight stays in area.

Working from home guidance



Work from home where possible.

Shopping and Retail



Open.

Leisure and gyms



Any closures or additional restrictions subject to consultation.

Hospitality



Pubs and bars must close except where they operate as a restaurant, meaning they can only serve alcohol with a substantial meal. Further closures subject to consultation.

Entertainment and tourist attractions



Any closures / additional restrictions subject to consultation. Nightclubs and adult entertainment remain closed.

Education



Schools, FE colleges open. Universities must reflect wider restrictions with option to move to greater online provision.

Healthcare Services



Open.

Residential Care



Closed to external visitors other than in exceptional circumstances.

Travel and Transport



May continue to travel to open venues, but reduce number of journeys where possible. Avoid travel where possible in or out of the affected area with exceptions including work and school.

Sporting Activity



Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).

Worship



Open, subject to social contact rules.

Childcare



Registered and wraparound childcare. Supervised activities permitted in private homes. Children's groups permitted. Childcare bubbles for under 14s.

Youth Clubs and Activities



Permitted.

There are three simple actions we must all do to keep on protecting each other:



Wash hands
keep washing your hands regularly







Cover face
wear a face covering in enclosed spaces



Make space
stay at least 2 metres apart - or 1 metre with a face covering or other precautions





For more information and detailed guidance visit:
gov.uk/coronavirus

COVID-19 (coronavirus) absence: A quick guide for parents / carers

What to do if...	Action needed	Back to school...
 ...my child has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none"> • Child shouldn't attend school • Child should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results 	...when child's test comes back negative and child is well enough
 ...my child tests positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms) • Inform school immediately about test results • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - <i>even if someone tests negative during those 14 days</i> 	...when child feels better, and has been without a fever for at least 48 hours They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.
 ...somebody in my household has COVID-19 (coronavirus) symptoms*	<ul style="list-style-type: none"> • Child shouldn't attend school • Household member with symptoms should get a test • Whole household self-isolates while waiting for test result • Inform school immediately about test results 	...when household member test is negative, and child does not have COVID-19 symptoms*
 ...somebody in my household has tested positive for COVID-19 (coronavirus)	<ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - <i>even if someone tests negative during those 14 days</i> 	...when child has completed 14 days of self-isolation, even if they test negative during the 14 days

* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. See more at: ¹

<https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

What to do if...	Action needed	Back to school...
 <p>...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days • Rest of household does not need to self-isolate, unless they are a 'close contact' too 	<p>...when the child has completed 14 days of self-isolation, even if they test negative during those 14 days</p>
 <p>...we / my child has travelled and has to self-isolate as part of a period of quarantine</p>	<ul style="list-style-type: none"> • Do not take unauthorised leave in term time • Consider quarantine requirements and FCO advice when booking travel • Provide information to school as per attendance policy <p>Returning from a destination where quarantine is needed:</p> <ul style="list-style-type: none"> • Child shouldn't attend school • Whole household self-isolates for 14 days – even if they test negative during those 14 days 	<p>...when the quarantine period of 14 days has been completed for the child, even if they test negative during those 14 days</p>
 <p>...we have received advice from a medical / official source that my child must resume shielding</p>	<ul style="list-style-type: none"> • Child shouldn't attend school • Contact school as advised by attendance officer / pastoral team • Child should shield until you are informed that restrictions are lifted and shielding is paused again 	<p>...when school / other agencies inform you that restrictions have been lifted and your child can return to school again</p>
 <p>....I am not sure who should get a test for COVID -19 (coronavirus)</p>	<ul style="list-style-type: none"> • Only people with symptoms* need to get a test • People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive 	<p>...when conditions above, as matching your situation, are met</p>

For further information:

gmhscp.contacttracing@nhs.net






gov.uk/backtoschool

SAFEGUARDING

Online and phone psychological support from Mersey Care



Community and Mental Health Services

	Who can access?	When and how is it accessed?	What is provided?
	Anyone 16+ self-referral or any professional	24/7 by phone	<ul style="list-style-type: none"> 24/7 access to mental health support (including people in crisis) 24/7 contact line for emergency services that will divert mental health activity away from A&E 24/7 contact line for primary care for urgent/emergency referrals for mental health assessments.
	Anyone 16+ self-referral	8.00am to 8.00pm phone Monday to Sunday	<ul style="list-style-type: none"> Low level psychological support to those impacted by the COVID-19 situation, such as those experiencing anxiety or depression This is not an immediate access telephone therapy service, but rather a listening ear support line – allowing space to discuss psychological needs, which may result in signposting to resources, information or other services and agencies.
	Anyone 16+ self-referral or GP	8.00am to 6.00pm by phone Monday to Friday 24/7 online via talkliverpool.nhs.uk	<p>Treatment for people with the following common mental health problems:</p> <p>Depression, generalised anxiety disorder, social anxiety disorder, panic disorder, agoraphobia, obsessive-compulsive disorder (OCD), specific phobias (such as heights or small animals), PTSD, health anxiety (hypochondriasis), body dysmorphic disorder, mixed depression and anxiety (the term for sub-syndromal depression and anxiety, rather than both depression and anxiety). Evening appointments can be made available if required.</p>
	Anyone 18+ self referral or any professional	9.00am to 5.00pm phone Monday to Friday 24/7 online learning/activity resources	<ul style="list-style-type: none"> Online staying well at home learning courses Pathway advisors who can support and advise with debt management, employment, housing issues, benefits and more Social inclusion advice for isolated community groups.
	Mersey Care staff only self-referral	9.00am to 8.00pm phone counselling Monday to Friday 24/7 phone support	<ul style="list-style-type: none"> Session model of face to face counselling Brief intervention signposting and support Access to 24/7 phone counselling for staff in distress (not crisis support).

Childline

www.childline.org.uk

Childline is available to you if you have concerns about:-

- Bullying
- Abuse (physical, sexual, psychological, emotional, neglect)
- Your body and self esteem
- Your feelings
- Friendships
- Sexual Advice
- Home life and families
- School



**Kooth is a free online service
offering emotional
and mental health support
for children and young people**

www.kooth.com

Kooth is an online #mentalhealth and #wellbeing community.

Free, safe and anonymous #support for children and young people
aged 10-25 in Liverpool.

A member of the #LivCAMHS Partnership.

 Open:

Mon–Fri: 12pm–10pm

Sat–Sun: 6pm–10pm

<https://www.liverpoolcamhs.com/support/kooth/>

Twitter handles to tag are @Kooth_plc and @LivCAMHSFYI

A yellow cloud-like shape with a scalloped border, containing the text "every mind matters" in blue.

**every mind
matters**

<https://www.nhs.uk/oneyou/every-mind-matters/>

Mental Health - Having good mental health helps us relax more, achieve more and enjoy our lives more.

The every mind matters website offers expert advice and practical tips to help you look after your mental health and wellbeing.

ATTENDANCE

ATTENDANCE
2020-2021



Winning Form
Classes

Year 7: 7T

Year 9: 9E

Year 8: 8MA

Year 10:
10MA

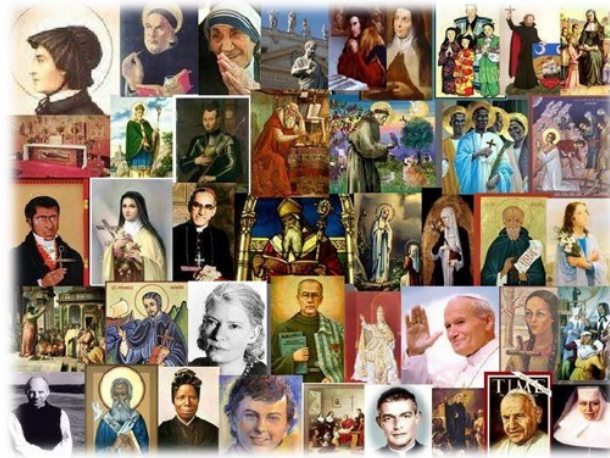
YEAR
7
WINNERS!!

Year 11: 11J

Week commencing 19th October 2020



Theme of the week: Saints



Our school Mission Statement: Do small things with great love

Thought of the week
"Not all of us can be rich,
wise or famous. But all of
us are called to be Saints."
(St Josemaria Escriva)

Theme of the week: Saints



Notre Dame Catholic College SEND Newsletter

Academic Year 2020/21 Issue 1

'Do small things with great love'

SEND progress at Notre Dame

I feel that it is only right that we talk about the progress that has been made this year with our SEND provision here at Notre Dame. Things have moved so fast and it has taken us some time to adapt to how we work with the current guidance around Covid-19, but the team are doing an amazing job. I feel it is only right to thank them for their support and hard work over the last 8 weeks, without you we would not be in the stronger position we are in, so thank you.

We have three specialist teaching groups, two in year 7 and one in year 8, where pupils can gain extra support with their learning and also learn in a smaller and safer environment where we can meet their individual needs. These seem to be going really well, but we will constantly review this provision on an individual basis and adapt as we move forward.

We now have a dedicated area for our interventions, we have named this The Base for now, but I want to rename and rebrand it as something catchy and meaningful in the coming weeks. There are some pictures of this area on the other side of this page. This area is a safe space for our pupils to go and carry out their maths and English intervention, but also get support with other work when they need time away from the classroom. Pupils with identified needs can also access this room when they feel as though they are in crisis and it is also available during lunch a break times, but we will be moving this to an area outside of the room after half term.

We have introduced a range of new and exciting interventions that the pupils are really engaging with, a booklet for each of these can be found on our website <https://www.notredameliverpool.com/send> and also our SEND Padlet https://padlet.com/anthony_mcverry/41aoj37yi8nsgxccc. These will give you a flavour of what we are currently doing here at Notre Dame.

We have also brought in a new Educational Psychologist, you can out more information about her on her website <https://www.flyingcolourededucationalpsychology.co.uk/>

We have more exciting developments coming up, including our virtual parent coffee morning and the possible development of a multisensory room.
Have a wonderful half term.

Mr. McVerry (SENCO)

The Base



Notre Dame SEND Padlet

As we have discussed in the past, we have developed our own Padlet site which contains all of our SEND and support materials.

As mentioned, you can download the app or you can simply access it through your web browser on a computer, tablet or phone.

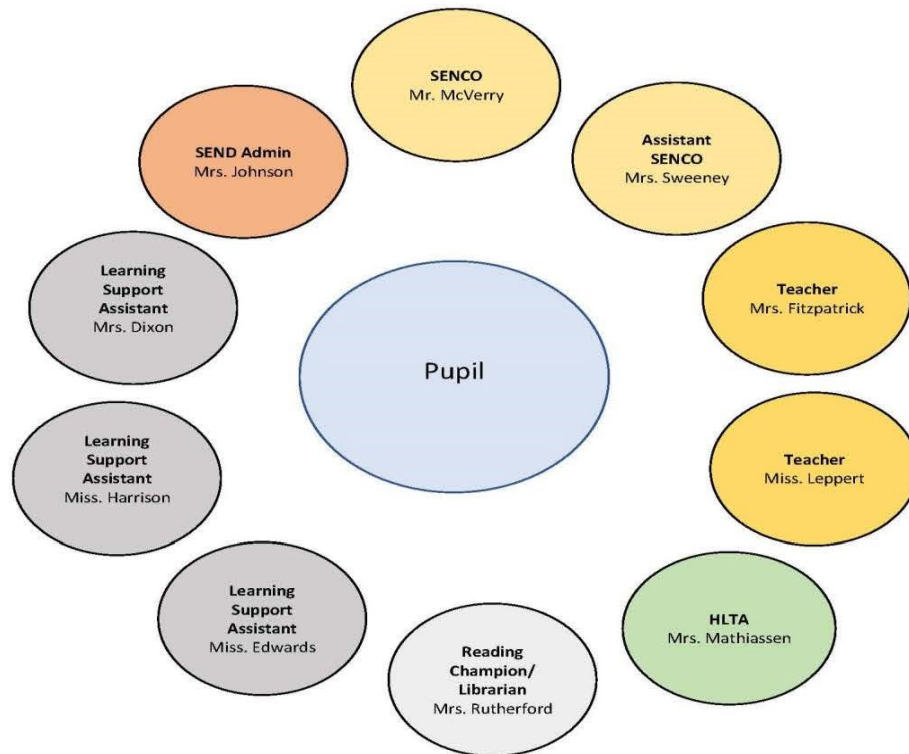
If you are downloading the Padlet App, the icon looks like the picture below.



The link to our Padlet is in the previous article, but if you need any further support then please contact Mr. McVerry.

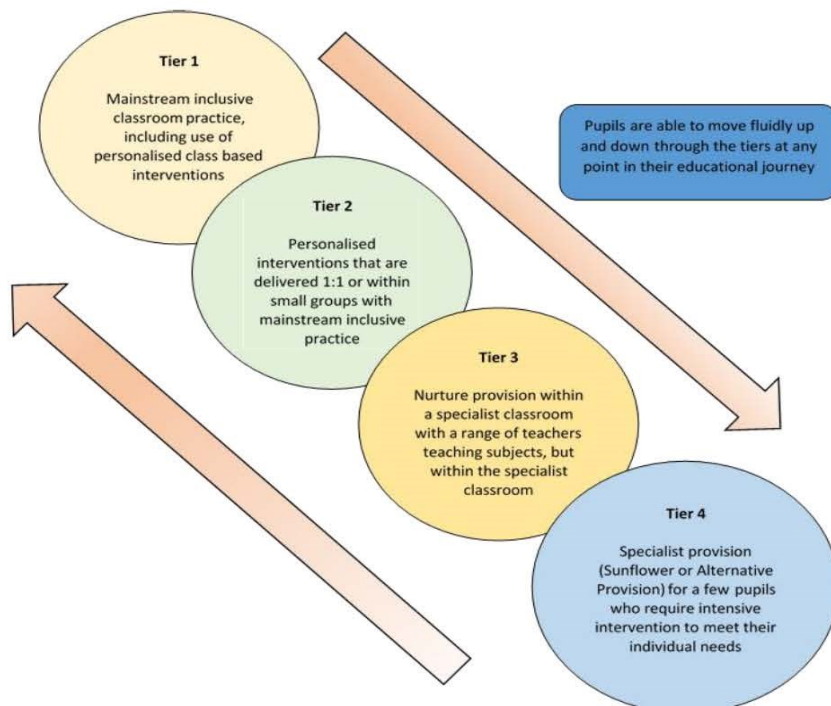
The SEND Team

We have a dedicated team, who provide wrap around support for our SEND pupils here at Notre Dame. The below chart shows who is who within the team, but we believe that each one of us is just as important in providing for your child needs.



SEND Tiers of Support

At Notre Dame Catholic College we believe in a tiered or graduated approach to support with our SEND pupil, the diagram below explains in more detail what support we give pupils at each tier. Pupils can move back and forward within these tiers and support is adapted on an individual basis.



Parent/carers virtual coffee

We will be hosting our first ever virtual coffee morning on the morning of Friday 27th November 2020 (Time to be confirmed). We are excited to announce that we will be supported by two parent/carers and family groups, LivPaC and the Isabella Trust. If you would like to attend the parent coffee morning, then this will be done virtually, with more details to follow, but please email Mr. McVerry to book a place and a link will be sent out to you nearer the time. We will only have a limited number of spots available. You can contact Mr. McVerry on his email address amcverry@notredame.liverpool.sch.uk

Notre Dame SEND virtual coffee morning

Friday November 27th 2020



Our Intervention Support Packs

As discussed on page one of the newsletter, we have introduced a number of information packs about our current interventions. Here are the four that we have put together so far.



Notre Dame Catholic College
Reasonable Adjustments



Notre Dame Catholic College
Educational Psychology in partnership
with Flying Colours Educational
Psychology



Notre Dame Catholic College
Literacy Interventions



Notre Dame Catholic College
Numeracy Interventions

Intervention Focus

Each Issue we will focus on one of our interventions to give you an insight into what we are doing here at Notre Dame

The Hornet

The Hornet Literacy Primer is a manual for teaching literacy skills: **reading** and **spelling**. It can be used by anyone. In short: you do not need to be a teacher or a professional: A coach needs a moderate ability to read the English language. Other than the manual, all you need is a pencil, an exercise book and scrap paper.

Some of our students, particularly between the ages of 5 and 7, required both a slower start and a lower threshold. The Hornet was specifically designed for these students. Adults with severe reading and spelling difficulties are also able to use the Hornet.

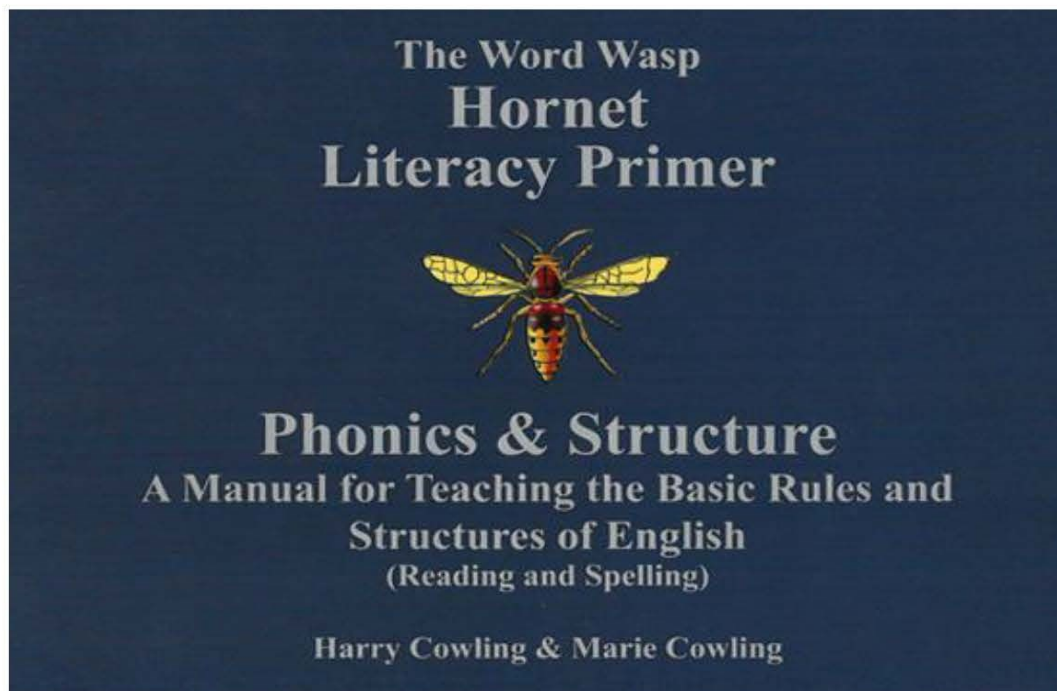
The Hornet's early exercises are concerned with learning the basic phonic sounds of the alphabet code. These sounds are at the very foundation of our language. Our programmes are based on phonics and rules, central to which is the development of the ability to process sounds; particularly vowel sounds. Students of the Hornet will, from the beginning, develop the ability to identify vowel sounds from speech and express them graphically (write them down!). Our students, thanks to the Hornet/Wasp marking system, cannot progress through the text before they are able to identify vowel sounds.

The most frequent underlying problem, which effects reading, spelling and speech, is one of auditory discrimination: the ability to identify sounds. Without this ability, students are unable to initiate the thinking process. Sequential thinking is at the root of cognitive development. These processes often remain undeveloped in both children and adults with reading and spelling problems.

Nothing is to be gained by inflicting memory-based data at this stage: It is of little use to use the most frequent words as a sound base. These words have a place in the learning programme but certainly not at the beginning; they are exceptions or form part of a digraph, diphthong or rule which needs to be taught as and when the initial ability to form phonic constructions has been developed.

The Hornet teaches these sounds and simple rules and introduces more rules incrementally. The effect of this simple methodology is to provide students with tasks they are able to perform at all times. Students will learn to read and form words and, simultaneously, learn simple rules: The word 'fill' contains one vowel sound therefore is required to end with two 'lls'. The word 'until' has two vowel sounds and is therefore required to be spelled with one 'l'.

Information taken directly from <https://www.wordwasp.com/the-books/hornet-literacy-primer/>

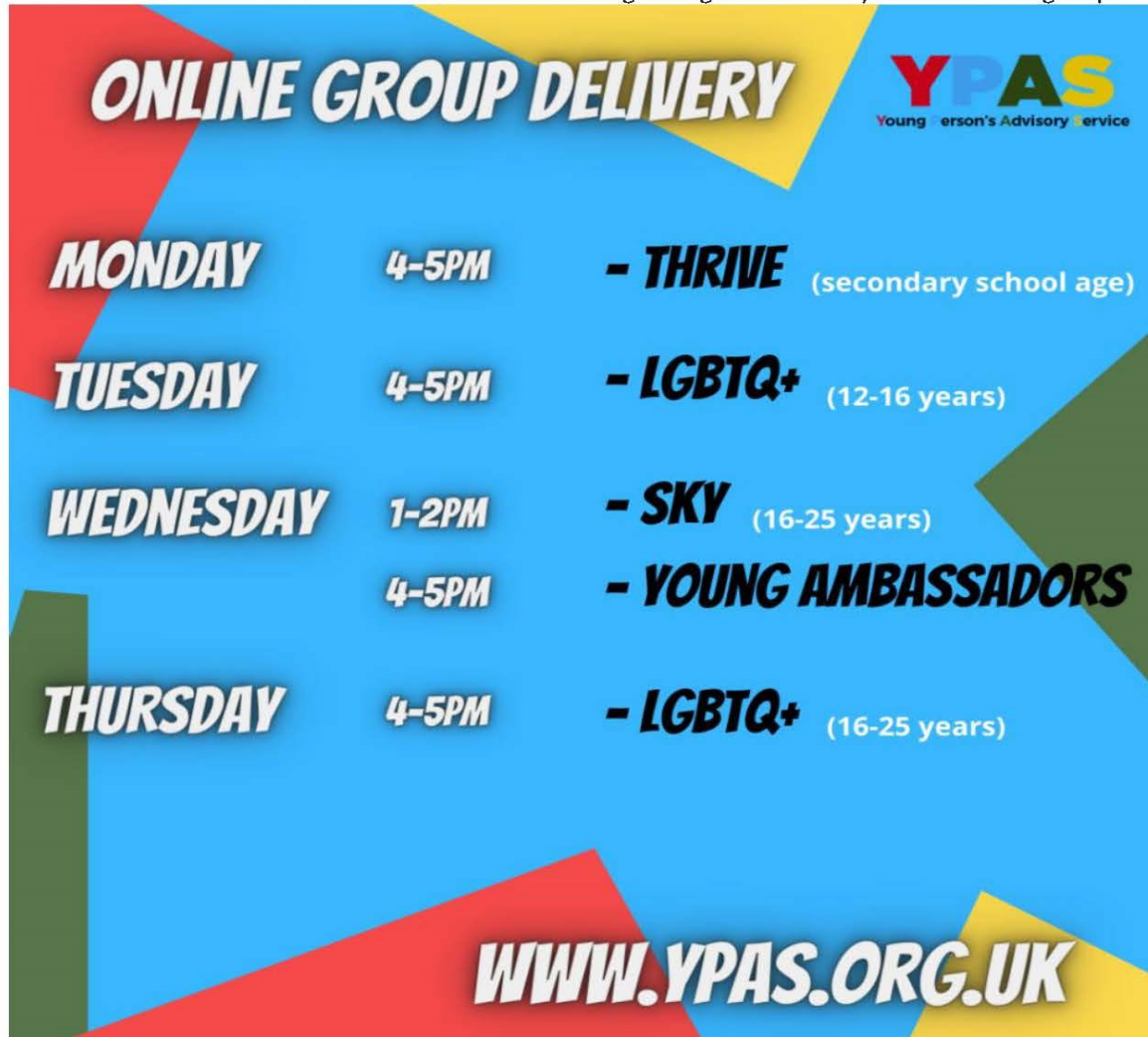


Online support from YPAS

YPAS are providing online support through group sessions during the current Covid-19 outbreak. For more information please visit their website <https://ypas.org.uk/ypas-online-group-delivery/>

Please email: support@ypas.org.uk for more information.

You will be invited to a one to one virtual meeting to register before you attend the group.



ONLINE GROUP DELIVERY

YPAS
Young Person's Advisory Service

MONDAY	4-5PM	- THRIVE (secondary school age)
TUESDAY	4-5PM	- LGBTQ+ (12-16 years)
WEDNESDAY	1-2PM	- SKY (16-25 years)
	4-5PM	- YOUNG AMBASSADORS
THURSDAY	4-5PM	- LGBTQ+ (16-25 years)

WWW.YPAS.ORG.UK

Safeguarding Team Information

We are always here for you if you need any help or support and we have a dedicated safeguarding team who are available throughout the school week, please contact the team using the details below.

Email: sg@notredame.liverpool.sch.uk

Phone: 0151 330 5122

<https://www.notredameliverpool.com/safeguarding>



Follow our SEN advice and guidance through our SENCO on twitter

@NotreDameSENDSCO



Liverpool's Local Offer

